

In a nutshell

Rainbow Trust supports families who have a child aged 0-18 years of age with a life threatening or terminal illness and need the bespoke support we offer.

Today there are an estimated 49,000 children and young people in the UK living with a life limiting or life threatening condition who may require palliative care (University of Leeds, 2011). Many of these children and their families are able to cope or are not in a 'crisis situation'. However, thousands of families have to face the very real possibility that their child may die and struggle to cope on a day to day basis.

Who we support

We support these families who have a child with a life threatening or terminal illness and are in the greatest need. Our Family Support Workers provide a life line to these families and children. We support the whole family including parents, carers, the unwell child, brothers, sisters and grandparents. They bring support and help to families who so desperately need it at home, in hospital and in the community. Any family can receive support from the moment of their child or young person's diagnosis.

Our support is hugely varied and depends on the needs of the family. Support may include all or some of the following:

How we support



1,958 families supported

We have nine teams of Family Support Workers around the country from Southampton to County Durham supporting the whole family.



2,958 hours of sibling support

Maintaining school attendance, arts & crafts, cinema trips, days out at the zoo, fun and laughter



10,144 hours of home support

This includes emotional support, respite, countless meals cooked, baths run and storybooks read.



7,671 hours of hospital support

Helping to organise appointments, explaining illnesses and treatment, looking after siblings and staying with sick children. We also support families in the neonatal unit.



1,009 hours of bereavement support

For the entire family: parents, grandparents and siblings, face-to-face and over the phone, at any time of the night or day.