

Annual budget for cradle program for 125 expectant/new mothers and their infants – 2018-2019			
Annual costs	Cost per session	Cost per month	Details of expenses (INR converted to USD: 74 INR = 1 USD)
8,562	4,281		Snacks (Rs. 50 per person per day, times 5 days in 1 week, times 10 weeks)
1,370	685		Training staff salaries (Rs. 5,000 per staff per session, 10 staff per session)
548	274		Educational resources, kits (20,000 per session)
274	137		Women's retreat (10,000 per session)
822	411		Yoga lessons (Rs. 500 per coach per day, times 3 coaches, times 2 days a week, times 10 weeks)
274	137		Medical checkup arrangements (start and end of each session)
4,932		411	Cradle program coordinator salary
10,274		856	Nutritional supplements for mothers (Rs. 500 per person per month)
6,164		514	Nutritional supplements for infants (Rs. 300 per infant per month)
1,644		137	Support staff salaries (Rs. 2000 per staff per month, 5 staff)
34,863			Grand total