

The Bahini-EduCare-Project

The EduCare Project is an innovative, unique, pragmatic and efficient new approach to support the helpless, hopeless and the most vulnerable. 'EduCare' stands for Education, Healthcare, Food, Clothing, Hygiene, Counseling and Assistance & Protection whenever this is needed.

Poverty in Nepal:

According to statistics 75% of Nepal's population, around 20 million people live in the villages. There are thousands of poverty-stricken villages with millions of people without any access to Hospitals, Schools and scarcity of drinking water. Many of these villages are only accessible by walking. Those children who are attending school often have to walk for hours to reach school, many of them barefoot.



With this project we are targeting the "helpless"! They don't even have the most basic requirements. Those who most need help are utterly poor, uneducated and rurally based. We are focusing on families that are headed by single Mother's or Grandmother's where the father died or left to never return. Some of these families are including boys, in a family with three daughters and one son for example. In this case the exception is confirming the rule, since our declared objective is and will remain "the prevention of worst forms of abuse, discrimination and the trafficking of girls.



These families have a home to stay, however basic this might be, a rickety hut, a makeshift shanty, but their mothers are lacking the means to provide them with education, nutritious food, hygiene, healthcare and appropriate clothing.

The best of all aid to give is intellectual aid – Education!!

A gift of knowledge is infinitely preferable to material things because material things can make them dependent, but the gift of knowledge will set them free, empower them!!!



This is why education and vocational training in due time is our priority!

We are enrolling the beneficiaries in school and providing them with school-uniforms, shoes, books and stationary. According to the needs of each family we are providing staple food such as Rice, Pulses etc. In the case of illness we are providing medical care, medicine and hospitalization if needed so.



Most of these families are dwelling in remote and difficult to access villages. Once a month we will visit these families and we deliver the monthly food, accompanied by our nurse who will provide a check-up for all family members. Moreover, she will counsel them on nutritious diet and proper hygiene. To this end we are providing soap, shampoo, toothpaste, sanitary-pads and underwear.

Clothes and warm blankets are provided according to the season and in the case of any emergency these families can contact us anytime and we will undertake what is necessary to assist them.

Furthermore and wherever possible we are building an "Improved-Cooking-Stove" to assure safe, economic and smoke free cooking.(read more under "improved cooking-stove")



We are not providing any money/cash to these families and this in order to prevent abuse/misuse and total dependence. The mothers have to continue to work and help to provide for their daily needs.

Currently 20 such families, all of which are living in particularly disadvantaged and vulnerable circumstances are benefitting from this project and we are seeing excellent results; all of them have enormously improved.

Despite progress over the last decade, girls and women remain the majority of Nepal's unhealthy, unfed, uneducated, exploited, abused and stunted! We are determined and committed to extend this efficient, low-cost grass roots project with the aim to provide education and basic care to many more deprived children in Nepal.

Please go to this link to make online donations through your credit card
<https://www.bono-direkthilfe.org/ihre-hilfe/unterstuetzung/#onlinespende>



Bank: Nepal Investment Bank
Lakeside Branch, Pokhara, Nepal
Account Number: 04201030250863
Swift Code: NIBLNPKT

bahinieducare@gmail.com
www.bahinifoundation.org



"Until this day the girls and women in Nepal are the majority of the unfed, stunted and uncared for, the most discriminated, abused and exploited!"
We are determined to change this intolerable truth and our beneficiaries are the living proof of our success in helping the most underprivileged, helpless and hopeless.

"Education is the most powerful weapon we can use to change the world."

-Nelson Mandela



It is our "MISSION" to support the most vulnerable and at risk in Nepal, namely destitute single Mothers/Widows/Grandmothers with dependent daughters.

It is our declared objective to prevent and/or alleviate worst forms of poverty, exploitation and



abuse like the trafficking girls and adolescents for the flesh-trade, Child-marriage, bonded-labor and other worst forms of discrimination.

Poverty and the lack of education is the root-cause of all the misery encountered in Rural Nepal and in the slums surrounding the big cities.

We are responding to this poverty and ignorance in providing the basic needs to these families like staple-food, clothes, healthcare/hygiene and education.



We are supporting our beneficiaries where they are living, in their homes in the villages or in the slums and our approach are direct, efficient and cost effective.

With one Dollar per day we are able to make all the difference for our beneficiaries, lift them out of poverty and give them the hope that is needed to struggle for a better life.

This project is "Unique" in Nepal and it has many advantages compared to other means of supporting the helpless:



a.) *Cost:* With one Dollar per day per beneficiary, we are able to cover their basic needs plus education. The average cost for one beneficiary in a children home is between four to six dollars a day.

b.) *Administration:* No infrastructure and high investment is required to implement this project. Currently we are providing for more than 100 beneficiaries and this with two staff and one part-time nurse.

c.) *Dependence:* We are creating a minimum of dependence for our beneficiaries because they are living in their familiar environment and they will not receive any cash from us. Thus the incentive for the whole family to continue and provide for their living and the ability to do so is kept intact.



BAHINI Educare Foundation (BEF) is a Non-Government and Non Profit humanitarian Organization established in the year 2014. It has been registered in the District Administration Office Kaski and affiliated to the Social Welfare Council, Kathmandu.

OBJECTIVES

Prevention of worst forms of abuse, exploitation, trafficking of the most underprivileged girls and women in Nepal.

Empowerment of girls and women in Nepal by means of education, vocational training and awareness programs.

Prevention of malnutrition by providing nutritious food to the poorest/marginalized.

Addressing Rural poverty and Widowhood

Providing single mothers/grandmothers with dependant daughters' food, education & healthcare to ensure better livelihood and decrement in poverty.

Restoring the dignity and respect for widows with dependent daughters.

Education, Health care & Counseling

Making sure children especially girls are not deprived of education.

Providing basic health care to the poorest & most underprivileged.

Providing counseling to the mothers and children alike.

Addressing Child Friendly Governance & Human Trafficking

Empowering girls with awareness on child rights.

Prevention of child marriage and child-pregnancy.

Prevention of trafficking by means of Education, Awareness & decreased poverty

Mission

Our mission is to improve the quality of life of destitute single mothers/Grandmothers with dependent daughters and support them to live a life in safety and dignity.