

## QUALITY HEALTHCARE

FOR PRE AND POST-NATAL WOMEN AND THEIR NEWBORNS

The Foundation is an independent structure raising funds and advocating to support maternity hospitals in Albania in three critical ways: Educate, Advocate and Donate.





## 1. EDUCATE

Educate new mothers on their pregnancy and infant care with a special focus on the most vulnerable women and their babies.

The Mother and Child Hospital Foundation offers free pre- and post-natal education classes for families in every situation: from healthy babies to more difficult cases. Practical workshops addressing a diversity of topics such as breastfeeding support, premature infant care, and postpartum depression.

### 2. ADVOCATE

The Mother and Child Hospital Foundation advocates for patients and medical staff with a more efficient environment and opportunities for advancement.

The Mother and Child Hospital Foundation continually promotes interactive skills such as communication with the patient and general psychological assessment of the young mothers after labor.

The foundation provides awareness and training for nurses, doctors, and midwives on the latest academic articles and case studies in maternal health and scientific research.

## 3. DONATE

The hospitals in Albania often lack appropriate, functional equipment, which in turn increase the risks of mortality for mothers and their babies. The well-being of mothers and babies in Albania is our main focus and area of concern.

The Mother and Child Hospital Foundation works to collect donations from the community in order to create and distribute baby-boxes of essentials items for new mothers and babies who are in need. The foundation also collects and donates much needed supplies and equipment to hospitals.

# THE MOTHER AND CHILD HOSPITAL FOUNDATION DEPENDS ON THE GENEROSITY OF PRIVATE AND INSTITUTIONAL SUPPORTERS.

Here is how you can help and become a part of our vision to improve the situation of mothers and babies in Albania.



Our hospitals are in constant need of supplies and updated equipment. In kind donations are greatly appreciated.



Support a mother and a baby in need by donating items towards a baby-box that will provide all the essentials for the first year of life.



Support maternal health in Albania by sponsoring one of our many programs or events.

For further information on how you can support:

WWW.FSNF.ORG

## OUR TEAM IS IMPROVING MATERNAL HEALTH AND NEEDS YOUR SUPPORT!





### CONTACT

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