

Aanandit Day Care Centre

Mahalaxmi-3 Lalitpur



For more information: Please visit our website

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Our Day Care Centre is a **SAFE PLACE** for children from 18 months to 3 years old. We have already nurtured more than **300 poor toddlers** since 2010.

Why

Due to underdevelopment and unemployment in the countryside of Nepal thousands of people are migrating to urban areas every year in search of a better life. Many end up in slum areas. Our target is to help toddlers of such families. The poor parents (often single mums) end up working in people's houses as house-maids and as manual workers on unequipped construction sites. These parents do not have a **SAFE PLACE** to leave their toddlers while they go to work. Either they take them with them with the risk of injuries, health issues, lack of timely nutritious food, love, careful attention and so on. Or they can't work and depend on the charity of others. Toddlers of such families stand little chance of going to school when they reach that age.



Toddlers come to a safe environment and receive timely nutritious meals, snacks, rest/sleep, health care, potty training and other basic social skills. They also enjoy educational games and playing with toys, singing, going on picnics and visiting parks. We also organise annual child development training for the care givers and for parents.

This gives the child the hope of a better future and an opportunity to poor parents

What do we provide...

Aanandit Day Care provides a **Perfect Place** for the toddlers who come from poor families. Their parents drop them to us while they go to work. We look after them with love allowing their parents to earn an income.





Salina and her story

Uttam Rana, his wife Manisha and their daughter Salina were struggling even to fulfil their basic needs in Sindhupalchok, their native village. In the hope of a better life, Uttam decided to leave the village and came to Kathmandu with his family. His dream was to find work and then be able to provide sufficient food

for his family. When, they came from the village, Salina had wounds all over her body due to lack of proper care as her parents had to work all day. Uttam found construction work in Kathmandu .He also tried to find somewhere Salina could get better care and then Manisha would also be free to work. He heard from another parent about our day care centre and decided to send her here.

When Salina arrived, she was in very pitiful condition. It was difficult to clean her due to the wounds on her body. She was wearing dirty clothes. Her face was pale and her body thin from lack of food. The skin on her feet was damaged. After weeksof care, she has completely changed. Her wounds are getting better, she is stronger and looks so much happier. Her feet are also beginning to heal well.

Our day care centre has been a home of hope to children like Salina and to poor parents like Uttam and Manisha.



You can help!

Please join hands with us to help these precious little ones by donating US\$10 or whatever amount you can afford to give.

US\$ 20 will provide meals for around 40 toddlers a day

US\$ 15 will enable us to pay three caregivers a day

US\$ 200 will supply play items on yearly basis

US\$ 150 per annum will enable us to provide hygiene items for the toddlers