



Siphilile promotes Early Childhood Development (ECD) through comprehensive ECD education in the homes by Mentors Mothers and in informal daycare centers by a team of Daycare Mentors.

This is done through:

- Promotion of good nutrition for children
- Promotion of hygiene and sanitation
- Educating the caregivers on child protection issues
- Mentoring caregivers on early stimulation to facilitate good achievement in all the domains of child development

By providing ECD in the homes and daycare centers for children between ages 0-3years, the first 1000 days of life, Siphilile is contributing to building a stronger foundation to life that will break the cycle of poverty in a generation.



The strength and sustainability of the Mentor Mother program lies in the fact that it builds on skills and coping mechanisms that are already present within communities.



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Mentor Mothers Swaziland



Siphilile is a local non-governmental organization, which aims to improve maternal and child health and nutrition through the implementation of a community-based Mentor Mother program.

Siphilile identifies and recruits mothers to be Mentor Mothers through peer support for pregnant women and other mothers in their own living area.

The Mentor Mothers are given a one-month in-house training and continuous supervision and support from the Siphilile Management Team.

This community-based peer support model empowers women, and society as a whole, to make fact-based decision and to take action for a better and healthier life.

'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.' (Matthew 25:40)



Siphilile Mentor Mothers:

- Support pregnant women to follow their antenatal health care plans
- Give advice on nutrition and hygiene
- Promote Exclusive Breast Feeding and PMTCT
- Identify malnourished children and refer severe cases for treatment
- Screen for maternal depression and refer for counselling
- Detect and support women affected by gender-based violence
- Mediate contacts with the health system and refers women and children to the appropriate service provider

All Siphilile services are strictly confidential

Rejoice with those who rejoice; mourn with those who mourn

Romans 12:15