

Tanzania Rural Health Movement



ANNUAL REPORT 2021

www.tanzaniaruralhealth.or.tz



A Message from Executive Director.



Dear Friends, Supporters and Partners.

Despite the year long global health challenges, the New Year 2022 is here and it reflects the new hopes and bright future.

In 2021, Tanzania Rural Health Movement welcomed a sister organization Bisou Bailey Medical Dispensary which has eight months in operation since its inception in April 2021. The BBM Dispensary supports the provision of healthcare services to the communities in Mwanza, Tanzania

The medical dispensary project has reached 1,104 clients from community through different healthcare services. The project involved in COVID-19 fighting initiatives through provision of health education to 670 routine clients at the facility also in collaboration with Lee and Washington University, USA a total of 239 community members were trained on harmful effects of traditional uvulectomy among children under five and encouraged to develop early healthcare seeking behaviors to children presenting with cough or upper respiratory tract infections.

Children have rights to live including accessing the healthcare services despite their social/economic status. TRHM through street medicine project has continued to provide healthcare services to children and elderly people residing on the streets on transit to safe homes. The project has managed to attend 527 cases from 219 street connected children and elderly people.

We are encouraging the communities to love each other and take great responsibility to support the underserved populations to access their basic needs so as to build better future communities regardless of social/economic background.

The Good Samaritans have played a great role to support the implementation of the community first response project in Mwanza. Our marketing of the toll free 0800 750 112 have been useful through them. The dispatching center has managed to receive and dispatch 124 incidents across Mwanza and a total of 203 clients were provided with basic first aid care within 5 minutes by a trained first responders.

We are grateful to friends, supporters and partners for their valuable contributions and support in strengthening the lifesaving projects under Tanzania Rural Health Movement.

We believe 2022 will be another great year for greater height and extra ordinary milestones. Our commitment will be to become excellent and competent in the provision of equal healthcare services to underserved communities, so people all over Tanzania can live longer, healthier and happier lives.

On behalf of Board of Directors, Staff and Volunteers I'd like to wish you a prosperous new year filled with good health, lots of love and plenty of laughter.

Dr. Marko Hingi

Executive Director-Tanzania Rural Health Movement

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Bank Details:

KCB (Tanzania) LTD
Mwanza Branch,
P.O.BOX 130, Nyanza Building,
Ground Floor Kenyatta Road Mwanza.

Beneficiary Details:

Customer's Name: Tanzania Rural Health Movement.
Customer's account number: 3301080766
SWIFT CODE: KCBLTZTZ

Donate Now to Support Lifesaving Project

M-Pesa| 5401185

GlobalGiving|Tanzania Rural Health Movement

<https://www.globalgiving.org/donate/59948/tanzania-rural-health-movement/>



Organizational Governance.

Board of Directors

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Maria Mpanda
Martha Mussa

Phinias Joel
Siwema Charles
Emmanuel Jileka
Ulumbi Mkumbo
Senkondo Nyange
Prosper Ihuye

Volunteers

Fredrick Buzigaba
Stella Jackson
Bruno Frank
Ramata Barry
Justine Suluba
Enocy Lameck

Tanzania Rural Health Movement

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Vision

Tanzania Rural Health Movement aspires to become excellent in the provision of equal healthcare services to undeserved communities, so people all over Tanzania can live longer, healthier and happier lives.

Mission

Tanzania Rural Health Movement works to establish model healthcare services by continually providing and improving innovative hands-on medical services in all its endeavors in Tanzania.

Core Values

Excellence: We do our best at all the times and look for ways to improve our programs and ensure they are of high quality, effective and efficient in nature.

Integrity: TRHM consistently works in a spirit of mutual trust, honesty, transparency and accountability.

Partnership: TRHM works respectfully in collaboration with local government, communities, the private sector and donors, bringing together the unique platform to achieve common objectives.

Teamwork: TRHM board, staff and volunteers work on the basis of mutual respect and accountability, dialogue and collaboration.



Who we Are?

Tanzania Rural Health Movement is a registered non-profit community-based organization based in Mwanza, Tanzania. Our focus is on provision of health services, health research and environmental sustainability in relation to health.

Tanzania Rural Health Movement (TRHM) has been in operation since 2014 with aim to establish and improve health interventions that meet major public health challenges facing urban-rural communities across Mwanza region.

TRHM has an extensive background in provision of health care services to the underserved communities. For about seven years now, TRHM has been working to provide healthcare services through different comprehensive projects such as Mwanza Community First Response Project, Street Medicine Project, Bisou Bailey Medical Dispensary Project as well as provision of advocacy to the community to stop practicing Traditional Uvulectomy to children under-five.

TRHM's collaboration with different local and international organization has increased healthcare access to the underserved populations in Mwanza such as street connected children and road traffic accident casualties.

As part of Street Medicine Project, TRHM is working to establish the psychotherapy services for street connected children who are vulnerable to conduct disorder and other mental illness.





Organizational Highlights.

- Developed partnership with Washington and Lee University through Students placement program.
- Tanzania Rural Health Movement and Emergency Medical Response Volunteers have jointly formed Collaboration to Help East African Response to Medical Emergencies (CHEAR ME) through their respective programs in Tanzania and Kenya under technical support from Trek Medics International and Empact Northwest.
- Collaboration with Lake Victoria Marathon in providing emergency care to 400 participants.
- The organization through Executive Director has being awarded a Young Medical Personality of the Year 2021.



CHEAR ME Tanzania

Collaboration to Help East African Response
to Medical Emergencies



24-7

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Projects Highlights.

Street Medicine Project

Background: Street Medicine Project (formerly known as Wound Care Project for Street Children) was founded in 2015 targeting to support street connected children and elderly people on transit to safe homes/shelters in Mwanza streets through accessing free healthcare services outside and inside the hospital.

Previously the project was outreach community based project and the team provided healthcare services under a small tent of 9 metres square, later in 2021 the project associated with Bisou Bailey Medical Dispensary to support the provision of proper definitive medical care services to the street connected children.

Project Reach.

- A total of 527 disease cases were managed at the medical dispensary
- A total of 219 street connected were provided with health education on COVID-19, mental health and other diseases
- A total of 27 outreaches were conducted across Mwanza Region to access the street connected children
- A total of 1,340 plates of food and fruits were provided to the street connected children during weekly clinic.
- Established condoms distribution service to sexually active street connected youths.
- Strengthening collaboration with other organization working with street connected children specifically helping to integrate with their families.





Mwanza Community First Response Project.



Background: The project target to improve access to reliable prehospital emergency care and transport to all Mwanza communities such that 90% of people requesting medical assistance will be attended by nearest trained community first responders within 5 minutes.

The project has 23 active first responders and responds an average of 10 incidents per month and the most responded incidents includes Road Traffic Accidents (88%), Fire (6%), Medical (4%), Obstretics (2%).



Project Outcomes

- A total of 124 incidents (8 fire incidents, 3 Maternal incidents, 4 Medical incidents, 109 Road Traffic Incidents) were responded in Mwanza.
- A total of 203 casualties were provided with basic first aid within 5-10 minutes by nearest trained first responders
- A total of 18 community bodaboda parking area were reached and awareness of the project was conducted.
- 3 media outreach were conducted through local radios in Mwanza Region.
- A total of 4 public medical facility were reached to establish the collaboration in implementation of the project.



- A total of 11 refresher training were done to the active community first responders.



Bisou Bailey Medical Dispensary Project



The Bisou Bailey Medical Dispensary Project provides primary healthcare services to the nearby communities aiming to increase access of the healthcare services within the urban-rural communities.

In 2021, We managed to establish and launch the medical dispensary as part of TRHM projects. The dispensary provides various services including medical consultation, laboratory services, pharmacy services, minor surgery, family planning, child and reproductive services, health promotion and homebased services.





The medical dispensary is located in Mwanza region at Nyasaka-Ilemela District.

The facility provides healthcare services to about 1,380 households and around 10,000 populations residing in Nyasaka and Kangaye wards.





Project Reach

- The full functional Medical Dispensary was launched in April 2021.
- 655 clients accessed RCH services while 449 clients accessed OPD services respectively by Dec. 2021.
- A total of 12,909 of SMS have sent to the customers and community members about the medical dispensary services.
- A total of 108 clients were provided with free medical services during community outreach services.
- A total of 670 community members were provided with health education on COVID-19
- A total of 240 community members in urban-rural areas were educated on effects of traditional uvulectomy among under-five children.



Impact Story



THE LIFE OF THE BRAVE YOUNG BOY: An experience from Street Medicine Program

James (not his name) is a boy aged 12 years; he lives and works on the streets.

Up to few Months ago James lived with his parents, he had a place to call home, but when his mother died and his father remarried, things changed.

His step mother came with her own son age nearly as James's so there were regular conflicts and misunderstanding among them, James couldn't put up with. His step mother used to beat him on silly things, he was not given food and she fed hatred to her husband whom become brutal to James.

The boy could no longer put up with all that, he decided to leave his house and go as far as he can just to escape from his own family.

On the day he left home, he didn't tell anyone and he left as if he was going to the nearby playground so he carried nothing with him.

He walked for about 31 km which took him a few days eating what he could get on his way. He was exhausted, hungry when he came to a food stall where a Samaritan woman seeing him offered food before she asked him about his where bouts. He had wounds and dirty, after hearing the story the woman told James about a place where they offering food for children like him.

On the street James made new friends who took him to a place where they normally sleep When the town shops are closed at night, they spread boxes and sleep on shop's veranda.

His wounds of about 2.5 to 3 inches were also getting discharge until he found an organization (CBO) which works to provide a free health care services to the street connected children in Mwanza through a weekly outreach program. He was attended and his wounds were well dressed and treated at the day.

He walks 4km daily to access a friendly wound care services anchored at Bisou Bailey Medical Dispensary a charity medical facility under a CBO based in Mwanza

"Despite of the pain and the long journey James is determined to get his wounds treated.

He is a boy full of bravery and determination even though he has a sad story tell".

Street Medicine Program under Tanzania Rural Health Movement continuously work to provide free medical services to underserved population such as street connected children across Mwanza City for seven years now.

Despite on the treatments, these streets connected children have many stories to tell but the problem is, "Where and who to share their life stories?"

"We worry about what a child will become tomorrow, yet we forget that he is someone today, there can be no keener revelation of a society's soul than the way in which it treats its children". (Stacia Tauscher)

Author

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What Next 2022?

2022 is another potential opportunity to go further. In 2022, we will focus on continuing to build community relationship, expanding our current projects, advancing our organizational activities and recruiting more partners and funders.

In 2022, we will improve pre hospital care services by introducing free emergency transport services in Mwanza communities. The organization will continue to look for partners to support equipping the medical dispensary with family planning supplies to reach more communities in needy with family planning services, also the organization will launch the psychotherapy services to support the street connected children with conduct disorders and other mental illness.

Lastly, we will continue to work and maintain our mission, vision and goals to benefit communities in Mwanza and Tanzania at large.

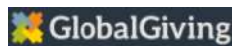
Featured Medias.



Our Partners.



Bisou Bailey Foundation



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