

## 1. ORGANIZATION INFORMATION

<b>Legal Name of Organization</b>	Uganda Paralympic Committee				
<b>Acronym of Organization</b>	UPC				
<b>Organization Mailing Address</b>	P. O. Box 28255, Kampala (Uganda)				
<b>City</b>	Kampala	<b>Country</b>	Uganda	<b>Postal Code</b>	+256
<b>Organization Telephone Number</b> (include country/city codes)	(+256) 701 811378	<b>Fax Number</b>	N/A		
<b>Organization Email</b>	<a href="mailto:Unpc2010@gmail.com">Unpc2010@gmail.com</a> / <a href="mailto:info@ugandaparalympic.org">info@ugandaparalympic.org</a>		<b>Website</b>	<a href="http://www.ugandaparalympic.org">http://www.ugandaparalympic.org</a>	
<b>Organization Twitter Username</b>	@ugparalympics	<b>Organization Facebook Username</b>	ugandaparalympic		
<b>Organization Whatsapp Number</b>	+256 752811378	<b>Organization Blog Address</b>	N/A		
<b>Last Name of Organization Contact Person</b>	Mpindi	<b>FirstName</b>	Bumali		
<b>Contact Person's Designation (Mr. Mrs. Ms.)</b>	Mr.	<b>Contact Person's Email</b>	<a href="mailto:mpindi.upc79@gmail.com">mpindi.upc79@gmail.com</a>		
<b>Contact Person's Job Title</b>	President				
<b>Contact's Skype Username</b>	mpindi.bumali				
<b>Contact Person Overseeing Project</b> (complete section if different from applicant's contact person above)					
<b>Last Name of Project Contact Person</b>	Tumwesigye	<b>First Name</b>	Innocent		
<b>Project Contact Person's Designation (Mr./Mrs./Ms.)</b>	Mr.	<b>Project Contact Person's Email</b>	<a href="mailto:innotumwesigye@yahoo.com">innotumwesigye@yahoo.com</a>		
<b>Project Contact Person's Job Title</b>	General Secretary				
<b>Project Contact's Cell Phone</b>	+256 772937360	<b>Other Phone</b>			

<b>Project Contact's Skype Username</b>	
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## 2. LEGAL STATUS

Legal Registration Year and Number: 2015, C.I.No. 825

## 3. TITLE OF PROJECT:

Improving Participation of PWDs in Para-Sports

## 4. PROJECT SUMMARY

- a. **Total project budget:** USD 31,552
- b. **Amount requested from Global Giving:** USD 28,266

## 5. DESCRIPTION OF THE PROPOSED PROJECT

### a. Executive summary of the proposed project:

The project that Uganda Paralympic Committee wants to carry out is to advocate for budgeting for inclusion of sports for persons with disabilities at local government level, increment of funding from central government and amendments in both the National Physical Education Policy and the National Sports Policy. It aims at increasing participation of persons with disabilities in sports. The project will target teachers, District Local Government Leaders and key Staff, National Council of Sports, the Commissioner for Physical Education and Sports, Minister of State for Sports, Members of Parliament representing persons with disabilities, the Committee of Parliament on Education and Sports, the Right Hon. Speaker of Parliament and the media as target groups. It will start on Jan 1, 2020 and end on Dec 31, 2020. The main beneficiaries are persons with disabilities in 15 districts of Uganda that will include Kayunga, Lowero, Wakiso, Kampala, Abim, Kotido, Moroto, Amurata, Kapucholwa, Sironko, Mbale, Bulambuli, Kabarore, Kyegegwa and Hoima.

### b. Specific problem or issues that our project wants to address:

Sport as a universal language can be a powerful tool to promote people's rights, peace and development, tolerance and understanding by bringing people together. It is also a tool for education, cooperation, solidarity, social inclusion and health an effective approach to foster social change. Despite this, many persons with disabilities in Uganda miss out on participation thereby missing even many other benefits of sports.

According to the 2014 Uganda's Population and Housing Census 16% of the total population of Uganda were persons with disabilities. If computed using the 16% rate, the number of people with disabilities in Uganda now is as big as 6,857,600 and according to records of Uganda Paralympic Committee only 5,087 persons with disabilities participate in sports, recreation and physical activities. This number is so small compared to the total population of persons with disabilities who are not involved sports, recreation and physical activities and it could be one of the reasons as to why persons with disabilities in Uganda develop illnesses such post-polio syndrome when they attain the age of forty.

The reasons behind the low participation of persons with disabilities include:

- The attitude that both Central and Local Governments exhibit towards persons with disabilities.

District Local Governments completely do not budget for inclusive sports for school children so children with disabilities are deprived of their right to sports.

Uganda Paralympic Committee receives some little funding from the Central Government /National Council of Sports (only 0.08%) of the Council's budget to carry out activities for sports for persons with disabilities but this is very little yet other affiliate members receive over 9%. Even this very little funding is received at the mercy of the officer in that office not as a policy yet this is a right, not a privilege.

- Non observation of Article 30 of the United Nations Convention on the Rights of Children (CRPD) though Uganda is among the countries that ratified this Convention long time ago. The right for persons with disabilities to Sports, Recreation and Leisure among others is not recognized by government and the entire general public.
- Negative societal perception of disability that has resulted into limited numbers of skilled adaptive sport coaches and sports administrators, resulting further into a devastating impact on the self-confidence and self-image of persons with impairments and bouncing back into low participation.

The able-bodied individuals feel that persons with impairments are not able to do sports so they find it not viable to train as coaches of adaptive sports. While on the other hand, individuals with disabilities who do require help to perform certain tasks during sports activities feel it a burden over the society when they request for support to participate in sports, leading into low self-esteem.

- The current program, funded by the Agitos Foundation, a development arm of the International Paralympic Committee that we are implementing to address this gap has enabled us increase the number of adaptive sports coaches by 22. The number of coaches and administrators in Uganda now is 108 and 31 respectively. These coaches and administrators are responsible for 19 Uganda Paralympic Committee member associations / federations all over the country of 127 districts with a total population of Uganda is 42,860,000 (source: World Bank 2017). Considering the population of 6,857,600 persons with disabilities in Uganda, the ratio of Coaches to Persons with disabilities is 1: 63,496 and that of Administrator: Persons with disabilities is 1: 221,213.

Whereas this trend has affected much the adult persons with disabilities, it has more affected children and youth because while the able-bodied children in schools go for sports and physical activities, the disabled ones are left in classrooms to keep the bags of their fellows. In Uganda there are over 20,312 primary schools (National School Guide) but out of these only 36 schools fielded 1- 20 children with disabilities in the Primary School Sports Games at National level from 2016 – 2018.

### **c. Methodology of addressing this problem or issue**

Teachers, District Local Government Leaders and Staff, National Council of Sports, the Commissioner for Physical Education and Sports, Minister of State for Sports, Members of Parliament representing persons with disabilities, the Committee of Parliament on Education and Sports, the Right Hon. Speaker of Parliament and the media are seen as key stake holders who can shape the trend of sports in Uganda as they are directly involved in budgeting, formulation and implementation policies.

In order to address the issues above this project will implementing the following key activities:

- Organize advocacy meetings with District Local Government Leaders (Chairperson Local Council V, Speaker of District Council, Chief Administrative Officer, Chairperson of District sectoral Committee for

Education and Sports, Chairperson district Sports Committee, District Education Officer, District Inspector of Schools, District Community Development Officer and the two District Councilors for Persons with disabilities) in the fifteen project target districts.

- Hold quarterly media engagement meetings to sensitize them for coverage of disability sports activities and improvement of the visibility.
- Hold engagement meeting with Members of Parliament representing persons with disabilities.
- Hold dialogue meetings with Head teachers in selected project districts to discuss the possibility of inclusive physical education activities.
- Hold advocacy meeting with Key staff and Board of National Council of Sports.
- Hold advocacy meeting with the Commissioner for Physical Education and Sports and other key staff in the department.
- Hold advocacy meeting with the Committee of Parliament on Education and Sports.
- Hold advocacy meeting with Minister of State for Sports.
- Hold advocacy meeting with the Right Hon. Speaker of Parliament.
- Hold follow-up meetings with the District Local Government Leaders and Key Staff, National Council of Sports, Commissioner for Physical Education and Sports
- Organize disability sports events in the 15 selected project districts to show case the sports, sensitize people with disabilities and the general public about disability sports.

**d. Specific objectives of the project**

1. To ensure that disability sports activities are included in the 15 District Local Government sports budgets by December 31, 2020.
2. To increase the percentage of financial support that Uganda Paralympic Committee receives from National Council of Sports from 0.83% to at least 5% of the Council's annual sports activity budget by December 31, 2020.
3. To ensure that issues of sports for persons with disabilities that Uganda Paralympic Committee wants to addressed in both the National Physical Education and Sports Policy and the National Sports Policy are presented to the relevant Committee of Parliament, National Council for Sports and the Department of Physical Education and Sports for amendment by December 31, 2020.
4. To ensure that at least 10 media houses routinely cover disability sports events / activities by December 31, 2020.
5. To improve the number of schools that practice inclusive physical education and participate in National Primary School Championships from 36 to 96 by December 31, 2020.

**e. Project beneficiaries:**

This project is going to benefit persons with different disabilities specifically in the fifteen project target districts of Uganda who would like to participate in sports and recreational activities. However, because it is directly focusing on budgeting, laws and policy changes, it is difficult to determine the specific number of its direct beneficiaries now.

However, on the other side of children, it has targeted to benefit children with disabilities from at least 60 schools in the 15 project target districts of Uganda.

This will include:

Kayunga, Lowero, Wakiso, Kampala, Abim, Kotido, Moroto, Amurata, Kapucholwa, Sironko, Mbale, Bulambuli, Kabarore, Kyegegwa and Hoima.

**f. Monitoring**

Tracking the progress of this project will be done using an M&E tool that will either be provided by Global giving or designed the project to capture its progress.

**g. Evaluation**

In order to ascertain whether the project achieved the planned objectives or not, the evaluator will use the following **KEY PERFORMANCE INDICATORS (KPIs)**:

- Number of District Local Government Leaders and key staff reached out with lobby and advocacy messages.
- Number of Members of Parliament representing persons with disabilities engaged in the advocacy
- Number of Key staff and Board of National Council of Sports reached out with advocacy messages.
- Number of Commissioner for Physical Education and Sports and other key staff in the department.
- Number of members on the Committee of Parliament on Education and Sports reached out with advocacy messages.
- Number of schools from the target districts that had fielded in children with disabilities in nations sports championships
- Number of head teachers met in the project target districts and reached out with advocacy messages.

Also, the evaluator will ascertain whether:

- The Minister of State for Sports was met and reached out with advocacy messages.
- The Right Hon. Speaker of Parliament was met reached out with advocacy messages.
- Budgeting at local government level had done for Inclusive physical education / sports in the target districts

## h. Reporting

Reporting at project level will be done by the project manager and the finance manager on monthly basis. Reporting to Global giving will be done twice i.e. the Mid-term (Progress) Reporting and an End-of-Project Report within 15 days after the expiry of the project period (by Jan 15, 2021).

## 6. DESCRIPTION AS TO WHY OUR ORGANIZATION IS BEST PLACED TO IMPLEMENT THIS PROJECT

Uganda Paralympic Committee is a renowned national disabled people's sports organization that implements deferent sports activities and advocacy. This makes it best placed to do this project because it has the relevant experience in carrying out such activities as advocating for the right to Sports and recreation for persons with disabilities.

## 7. CHALLENGES WE MIGHT FACE IN CARRYING OUT THIS PROJECT AND HOW WE WILL ADDRESS THEM

The challenges we might face when carrying out the activities of this project might be lack of political will. In order to avoid this challenge however, the project will involve representatives of persons with in parliament and the Councilors in District Local Governments of the project target districts to cultivate political will to achieve the desired goals.

## 8. SUSTAINABILITY PLAN

This project is sustainable in its nature as the project activities to be carried out will aim at changes in the policies and laws, once these have been achieved, they will stand the test of time as guidelines in the budget allocations and funding at both local and national levels.

## 9. PROPOSED PROJECT ACTIVITIES AND TIMELINE

- Objective 1:** To ensure that disability sports activities are included in at least 15 District Local Government sports budgets by December 31, 2020.

ACTIVITIES	TARGET AUDIENCE	TIMELINE	INDICATORS OF SUCCESS
Organize advocacy meetings with District Local Government Leaders	Chairpersons of District Local Council V, district Speakers, Chief Administrative Officers, Chairpersons of District Sectal Committee for Education and Sports, Chairpersons of District Sports Committees, District Education Officers, District Inspectors of School, District Community Development Officers and the two District Councilors for Persons with disabilities in the fifteen project target districts.	Jan 1 – Mar 31, 2020	Activity reports, photographs and attendance registers.
Organize disability sports events in the 15 selected project districts to show case the sports, sensitize people with disabilities	People with disabilities and members of the general public	Oct 1 – Nov 30, 2020	Completion reports, Participants' registers

and the general public about disability sports			
Hold follow-up meetings with the District Local Government Leaders and Key Staff, National Council of Sports, Commissioner for Physical Education and Sports	District Local Government Leaders and Key Staff, National Council of Sports, Commissioner for Physical Education and Sports	Aug 1 – 30, 2020	Activity report, Minutes and Attendance Registers

**Objective 2:** To increase the percentage of financial support that Uganda Paralympic Committee receives from National Council of Sports from 0.83% to at least 5% of the Council’s annual sports activity budget by December 31, 2020.

ACTIVITIES	TARGET AUDIENCE	TIMELINE	INDICATORS OF SUCCESS
Hold advocacy meeting with Key staff of National Council of Sports.	Key staff of National Council of Sports	Apr 1 – 15, 2020	Minutes and Activity Report.

**Objective 3:** To ensure that issues of sports for persons with disabilities that Uganda Paralympic Committee wants to addressed in both the National Physical Education and Sports Policy and the National Sports Policy are presented to the relevant Committee of Parliament, National Council for Sports and the Department of Physical Education and Sports for amendment by December 31, 2020.

ACTIVITIES	TARGET AUDIENCE	TIMELINE	INDICATORS OF SUCCESS
Hold engagement meeting with Members of Parliament representing persons with disabilities.	The 5 Members parliament representing persons with disabilities	Apr 1 – 15, 2020	Activity Report and Minutes.
Hold advocacy meeting with Key staff and Board of National Council of Sports	Key staff and Board of National Council of Sports	Apr 1 – 15, 2020	Activity Report and Minutes
Hold advocacy meeting with the Committee of Parliament on Education and Sports	Members on the Committee of Parliament on Education and Sports	May 16 – 31, 2020	Activity Report and Minutes
Hold advocacy meeting with Minister of State for Sports	Minister of State for Sports	May 16 – 31, 2020	Activity Report and Minutes
Hold advocacy meeting with the Right Hon. Speaker of Parliament	The Right Hon. Speaker of Parliament	Jun 1 – 30, 2020	Activity Report and Minutes

**Objective 4:** To ensure that at least 10 media houses routinely cover disability sports events / activities by December 31, 2020.

ACTIVITIES	TARGET AUDIENCE	TIMELINE	INDICATORS OF SUCCESS
Hold quarterly media engagement meetings to sensitize them on coverage of disability sports activities and improvement of the UPC visibility.	News reporters	Feb 1 – Nov 30, 2020	Activity Report and Press Release

**Objective 5:** To improve the number of schools that practice inclusive physical education and participate in National Primary School Championships from 36 to 96 by December 31, 2020.

ACTIVITIES	TARGET AUDIENCE	TIMELINE	INDICATORS OF SUCCESS
Hold dialogue meetings with Head teachers in selected project districts to discuss the possibility of inclusive physical education activities	Head teachers	Jul 1 – Aug 31, 2020	Activity Report and Minutes

## 10. PROPOSED PROJECT BUDGET

Direct <sup>1</sup> Personnel Salaries and Benefits	Percentage of Time Spent on Project	Amount Requested From Global giving	Own funding	Total Budget
Salaries Project Manager	50%	USD 5,400		USD 5,400
<b>TOTAL DIRECT PERSONNEL</b>		<b>USD 5,400</b>		<b>USD 5,400</b>
Project Expenses Other Than Personnel (Describe type of expense)		Amount Requested from Global giving	Own funding	Total Budget
Rooms for 4 media engagement meetings		USD 328		USD 328
Travel for news reporters during the 4 media engagement meetings		USD 1,090		USD 1,090
Travel for 3 UPC officials during advocacy meetings with district local government leaders and key staff in 15 fifteen		USD 2,943		USD 2,943
2 day accommodation for 3 UPC officials during advocacy meetings with district local government leaders and key staff in 15 fifteen		USD 1,962		USD 1,962



Feeding for 3 UPC officials during advocacy meetings with district local government leaders and key staff in 15 fifteen	USD 981		USD 981
Travel for 10 participants during advocacy meetings with district local government leaders and key staff in 15 fifteen	USD 4,088		USD 4,088
Snacks and refreshments for 10 participants during advocacy meetings with district local government leaders and key staff in 15 fifteen	USD 409		USD 409
Travel for 2 UPC officials carrying out follow up meetings with district local government leaders and key staff in 15 fifteen	USD 1,962		USD 1,962
2 night accommodation for 2 UPC officials carrying out follow up meetings with district local government leaders and key staff in 15 fifteen	USD 654		USD 654
Feeding for 2 UPC officials carrying out follow up meetings with district local government leaders and key staff in 15 fifteen	USD 327		USD 327
Travel for 3 UPC officials carrying out lobby and advocacy meeting with key staff of National Council of Sports.	USD 15		USD 15
Travel for 3 UPC officials carrying out advocacy meeting with Commissioner, Physical Education and Sports other key staff in the department.	USD 15		USD 15
Travel for 3 UPC officials carrying out advocacy meeting with Hon. Minister for Sports	USD 15		USD 15
Travel for 3 UPC officials carrying out engagement meeting with Members of Parliament representing persons with disabilities	USD 25		USD 25
Travel for 3 UPC officials carrying out advocacy meeting with Parliamentary Committee on Education and Sports	USD 25		USD 25
Travel for 3 UPC officials carrying out advocacy meeting with the Rt. Hon. Speaker of Parliament	USD 25		USD 25
Disability sports competition events in the 15 selected project districts	USD 12,000		USD 12,000
<b>TOTAL PROJECT EXPENSES</b>	<b>USD 26,864</b>		<b>USD 26,864</b>
<b>Indirect Personnel Costs and Administrative &amp; Other Expenses</b>	<b>Amount Requested from Global giving</b>	<b>Own funding</b>	<b>Total Budget</b>
Salary contribution for Project Leader		USD 1,308	USD 1,308
Salary contribution for Finance Manager		USD 981	USD 981
Contribution to office rent		USD 98	USD 98
Communication and ICT	USD 392		USD 392
Contribution to electricity		USD 65	USD 65
Laptop for use by the project officer	USD 309		USD 409
Bank fees			USD 33
<b>TOTAL INDIRECT PERSONNEL COSTS AND ADMINISTRATIVE &amp; OTHER EXPENSES</b>	<b>USD 701</b>		<b>USD 3,286</b>
<b>GRAND TOTAL OF PROJECT EXPENSES</b>	<b>USD 28,266</b>	<b>USD 2,452</b>	<b>USD 31,552</b>

## **10. ORGANIZATION OVERVIEW**

**a. Year of establishment:** 1992

**b. Mission:**

Promote, support grass root structures and create an enabling human rights related environment to enable Para-athletes, participate in sports at all levels.

## **11. GEOGRAPHIC AREA THAT OUR ORGANIZATION WORKS IN**

Uganda Paralympic Committee is mandated to carry out its activities countrywide

## **12. OUR ORGANIZATION'S MAIN ACTIVITIES OVER THE PAST TWO YEARS:**

Advocacy, awareness raising and sports activities.

## **13. PAST PERFORMANCE**

Uganda Paralympic Committee has successfully advocated for funding of sports for persons with disabilities in public universities

## **14. LIST OF OTHER ORGANIZATIONS OUR ORGANIZATION WORKS WITH**

Para volley ball Association, Para Rowing Association, Para Badminton Association, Para Taekwondo Association, Para Table Tennis Association, Goal Ball Association, Show Down Association, Uganda Blind Sports Association, Wheel Chair Tennis Association, Shooting Para Sport Association, Para Power Lifting Association, Uganda Amputee Football Association, Wheel Chair Basketball Association, Boccia Association of Uganda, Para Athletics Association, Judo Association, Para Swimming Association, Para cricket Association and Para archery Association.

## **15. REFERENCE**

1. Mr. Edison Nzirabakunzi  
Executive Director,  
National Union of Disabled Persons of Uganda  
Phone: +256 704420041
2. Mr. Apollo Mukasa  
Executive Director,  
Uganda National Action on Physical Disability  
Phone: +256 775051074

## **16. ORGANIZATION DEMOGRAPHICS**

Impairment group(s) our organization serves:

- Persons with physical disabilities
- Persons with intellectual disabilities
- Cross-disability groups

## **17. ORGANIZATION DEMOGRAPHICS**

	Women with disabilities	Women without disabilities	Men with disabilities	Men without disabilities	Total number
<b>Total number Board members</b>	4		5	2	11
<b>Full-time paid staff</b>	1	1	2	1	5

## 12. ORGANIZATION FINANCIAL INFORMATION

Please provide financial information for the current and previous fiscal year for your entire organization (not your fiscal sponsor), including all programs, activities, services, staff salaries, rent, etc. Fill in the month/day/year for your fiscal years. Add any comments in the Notes column.

Previous Fiscal Year: Start (month/day/year)	End (month/day/year)	Amount in USD	Notes
Total budgeted expenditures for your <b>previous</b> fiscal year			
Total budgeted income for your <b>previous</b> fiscal year			

## 13. AUTHORIZATION

By submitting this application, our organization hereby declares that:

The organization completing this form is directly responsible for the preparation, management, and implementation of the project;

All information contained in this form has been prepared and agreed upon in consultation with those involved in carrying out the project;

The information contained in this form is accurate and truthful.

<b>Signature</b>	
<b>Name</b>	Bumali Mpindi
<b>Position / Title</b>	President
<b>Organization</b>	Uganda Paralympic Committee
<b>Date</b>	28 <sup>th</sup> /08/2018