



**HOSPITALS WITHOUT GAPS- First year Budget Proposal for PFA Project in the Northern Part of Nigerian State—5 African Boarding Schools in the villeges of Dange Shuni, Wurnu, Sokoto North, Sokoto South, Kware LG Areas.**

05/11/2019

| <b>Project Summary</b>  | <b>Unit price<br/>(Estimated Value:<br/>Naira amount)</b> | <b>Monthly Amount<br/>(i.e. in Naira value)</b> | <b>Yearly<br/>Amount<br/>(₦)</b> | <b>Yearly Amount<br/>(\$)<br/>Current market<br/>Value<br/>\$1=₦357.85(360<br/>days average<br/>estimated<br/>exchange value)<br/>Cbn.gov.ng</b> | <b>Quantity<br/>amount<br/>(Yearly)</b> |
|---|---|---|----------------------------------|--|---|
| <b>Supplies</b>   |   |   |                                  |  |   |
| 5000 packs of Sanitary Pads to 5≥ Girls Boarding Schools  | 1000  |   | 5,000,000                        | 14,005.60  | 5000                                    |
| 5000 pamphlets/booklets to 5≥ Girls Boarding Schools  | 350   |   | 1,750,000                        | 4901.96  | 5000                                    |
| <b>Personnel</b>  |   |   |                                  |  |   |
| 120 Educational Enlightenment and sessions to 5≥ Girls Boarding Schools<br><br>Note: 2 sessions bi-weekly | 5000  |   | 600,000                          | 1680.67  | 120 sessions                            |



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|  |        |        |                   |                    |                               |
|--|--------|--------|-------------------|--------------------|-------------------------------|
| 12 Monitoring and Evaluation (i.e. 1 staff duty) | 5000   | 5000   | 60,000            | 168.07             | 12 times                      |
| <b>Travel</b>                                    |        |        |                   |                    |                               |
| Travelling cost to the 5≥ Girls Boarding Schools | 10,000 | 20,000 | 240,000           | 672.28             | 24 times (bi-weekly sessions) |
| <b>Total</b>                                     |        | 25,000 | <b>₦7,650,000</b> | <b>\$21,428.58</b> |                               |
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“Numerous studies have shown that providing free sanitary pads to school-aged girls can bring about a sharp drop in absenteeism.”--- <https://www.wellbeingwomen.org/measuring-menstrual-awareness-in-lagos-nigeria>  
 “The empowerment of young girls would have a long-lasting impact on them in relation to their studies, health, and help reduce the risk of spreading HIV/AIDs in their communities”-<https://www.thecable.ng/ngo-distribute-330000-sanitary-pads-day-girl-child>