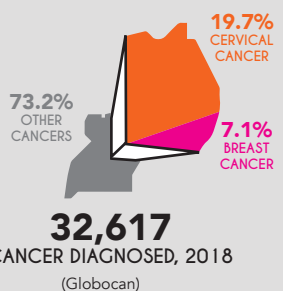


Vision To end needless suffering of vulnerable people in communities



6,413
 CERVICAL CANCER
 DIAGNOSED, 2018



2,318
 BREAST CANCER
 DIAGNOSED, 2018

LOCATION



FROM ALL OVER UGANDA
 DIRECT REFERRAL FROM UCI
 FOR PATIENTS IN NEED

STAFF



10 FULL TIME
1 INTERN

BENEFICIARIES



167
 FEMALE CANCER
 PATIENTS, 2018

Pasca, 47, year breast cancer patient

When I came from Gulu I stayed on the veranda at Mulago for 2 weeks with my daughter. It was terrible, so uncomfortable and we struggled to see a doctor and get put on treatment. We spent another 4 days before meeting the Uganda Cancer Institute (UCI) social worker who referred us to this hostel. Since I have been here it is so comfortable with a bed, enough water for bathing, enough food and I have made some good friends. On the veranda we couldn't cook or sleep well so I am so relieved to be here now. The social worker here goes with us to the hospital for our appointment dates which is good and she helps me understand as I cannot read or write. Here our property is safe and secure, on the veranda things would get stolen or go missing. Nowadays because I am here the pain and stress are no longer there. My daughter cooks for me good vegetables, sometimes we can pick these from the hostel garden.



Bringing relief to cancer patients one day at a time

At PRM every morning we check the list for patients to attend the hospital then our social worker (patient navigator) goes with them to UCI. As we don't have a vehicle, we hire one and take all together. We show them where to go for tests and treatments according to their health schedule from the doctors. Often, we act as translators as many of our patients are illiterate and come from rural areas so are unable to understand the treatment process and we explain the documents they are given.

Meanwhile back in the hostel those not going to UCI are checked by the nurse and any secondary infections like wounds are dressed by her. After this there is a programme of activities – individual counselling sessions to review treatment plans and

discuss issues. After washing and cleaning and taking breakfast the patients are visited one by one to check on their condition and note any complaints or concerns. This time is also used to see they are taking their medications correctly and verify follow up appointments with their doctors.

Patients then have shared time together to watch TV, talk or just rest. In the late afternoon we hold a health education talk with a Q&A session for patients to share about the effects of their medication and inform new patients on what to expect. Some days there are income generating and empowerment activities such as mat weaving and light vegetable gardening, depending on what the patients are able to do. After this, patients eat dinner then have free time again. There is a strong sense of solidarity and community in the hostel with patients supporting each other, especially those without care-givers. They make strong bonds and friendships during their stay, which on average is around 2-3 weeks.



“ The hostel has helped these patients a lot. Aside from accommodation, feeding and transport, the hostel offers psychosocial support to patients which is very important.

Medical Social Worker, UCI

- UMBRELLA
- AWARENESS INFORMATION EDUCATION
- HEALTH SCREENING
- PATIENTS' FOOD, ACCOMMODATION, TRANSPORT
- PATIENT SUPPORT
- ADVOCACY
- PATIENT NAVIGATION
- TECHNICAL ASSISTANCE, TRAINING
- RESEARCH
- PALLIATIVE CARE

Mission To provide social, holistic and physical support to communities in need

Achievements to date

- 2015 PRM registered by founder
- 2016 Set up PRM hostel
Joined SOURCE* Programme
- 2017 ACS funding and private sector corporate social responsibility
- 2018 Regional NGO status
Staff expansion
Core policies put in place
- 2019 Moved to Nsambya site

- ✓ 167 patients plus their carers (totaling 20,000 overnight stays) since started delivering a patient centred approach
- ✓ Expanded capacity to 50 beds for patients with their carers giving free food and transport
- ✓ Good referral system with UCI and local cancer stakeholders, records showing over 70% having cervical cancer
- ✓ Organisational technical capacity was strengthened through SOURCE programme for greater day to day management using tracking tools



Our core services



Hostel for female cancer patients providing food, accommodation and transport to UCI for treatment



Patient support with psychosocial counselling, patient empowerment through income generating schemes



Patient navigation - UCI orientation for tests and services and interpretation for treatment consultations

“PRM has helped me to cope with the disease and I have made very many friends. Even when I have no caretaker and no relative visits, I am happy. The people here treat me so well.”

Female eye cancer patient

Future targets

- To establish 3 high quality care hostels for female cancer patients in Uganda by 2021, including food, accommodation, transport and psycho-social holistic support for patients
- To empower patients through income generating programmes in crafts and perma-gardens to improve nutrition and livelihoods through demonstration gardens on our farm and training for 50 women
- To raise PRM visibility through media platforms and radio talk shows to create awareness on cancer
- To raise financial and in kind support locally and develop long term sustainability plans through farms and income generating projects
- To promote awareness raising with partners for communities, providing screening and IEC materials at least once a year



“This training in organic farming has helped my family and our patient in that my crops have increased in yield. I can sell them and buy food for the family and medicine for our patient.”

*Son of female cancer patient
Perma-gardening training*

*Strengthening Organizations for a United Response to the Cancer Epidemic

“This has been a place away from home. The nurse and the whole administration are wonderful people very understanding and always ready to help in cases of need.”

Cervical cancer patient

How you can help



Money

Tropical Bank Kampala Rd Patients Relief Mission (UGX) 0010304822
Donations via mobile money 0753 848 986



Pro-bono

Teach basic adult literacy, drivers



Time

Volunteer to visit guests



Materials

Sanitary items, bed linen blankets, mattresses, food, clothes

Equipment

Beds, office consumables, first aid boxes, wheelchairs, vehicle

