



# SOS

SCHOOL OF SKILLS



**3**  
YEARS

**445**  
FAMILIES  
IMPACTED

**735**  
LIVES  
CHANGED

**TEACHING SKILLS - CHANGING LIVES**



CHARITY COMMISSION  
FOR ENGLAND AND WALES



CHARITY REGISTERED IN  
ENGLAND & WALES NO 1180794

[www.lovinghumans.org](http://www.lovinghumans.org)



A total of  
**124,116**  
direct beneficiaries...

## WHO ARE LOVING HUMANS?

In 2008 Loving Humans started with providing food and water to the homeless in London. The charity quickly grew, touching more and more people, expanding into other cities including Lahore in Pakistan and Rudrapur in India. So far we have helped 124,116 people and the number continues to grow.

Along the years we noticed that people wanted more than food; looking for an opportunity to earn a living and stand on their own feet. Thus in 2016 the Loving Humans - School of Skills project was born, now helping a large number of women and orphan girls by teaching them a skill and helping them become independent.



## THE LOVING HUMANS - SCHOOL OF SKILLS

In the past 3 years, the Loving Humans - School of Skills has helped more than 735 women in Pakistan become independent. After learning about their history and plight, and with the support of our current donors and volunteers, we created a bespoke plan for each woman to learn a vocational skill in the shape of a three-month course. The training subjects include tailoring, embroidery, hair & makeup, basic reading and writing, basic math, basic computer & internet skills.

Each was taught by a professional in the field, for example, established bridal make-up artists, tailors with large businesses, fashion designers, and many more.



During the training period, the families' short-term needs for food were taken care of with ration packs provided by Loving Humans. At the end of the three months, Loving Humans ensured all students were placed into either an existing business or given the tools to start their own business from home.

**Today, all those women are employed, able to feed their families and have a self-sufficient living. In some cases they were so successful, they were able to start their own business and employing people.**

Feeling independent and successful, the students rapidly referred a large number of women to Loving Humans, pushing the Loving Humans team to strive for greater facilities and continue helping women become independent.

*“For us, this means much more than changing one life, this represents the power of changing the lives of generations to come.”*

Osman Ghani, CEO & Founder of Loving Humans



## 2015

Loving Humans came across the first case...

### RUKHSANA'S STORY

- Rukhsana lived in a rented apartment in an extremely poor neighborhood in Lahore with her three kids and an ailing mother. Her husband passed away in an accident two years ago.
- **Her family supported her with rent and bills for some time, but was unable to sustain this support for the long run.**
- Rukhsana had no source of income nor skills or formal education, thus unable to find a job. The pressure grew... her landlord started demanding her to either pay the rent or vacate the property.
- **One day, he visited Rukhsana when she was alone and gave her an ultimatum, to which Rukhsana was moved to tears. He then took this opportunity to manipulate her, saying he was willing to forgo a month's rent if she slept with him. [The actual words he used are too horrifying.]**
- Feeling helpless and desperate to keep a roof over her family's head she accepted, thus beginning a routine method of payment.
- **One day her mother found out about this arrangement but was unable [or unwilling] to stop Rukhsana, as that would mean the entire family would be evicted.**

## 2016

Loving Humans started The Loving Humans - School of Skills project helping by teaching them a skill in their homes and helping them find a job.



## 2019

Feeling independent and successful, the students rapidly referred a large number of women to Loving Humans.

**20800**  
INDEPENDENT WOMEN BY **2025**

Loving Humans comes across thousands of situations where helpless widows or young orphan girls have felt vulnerable enough to feel like the only option for survival is to beg for food or drift into prostitution.

### NOOR'S STORY

### BUSHRA'S STORY

### FATIMA'S STORY

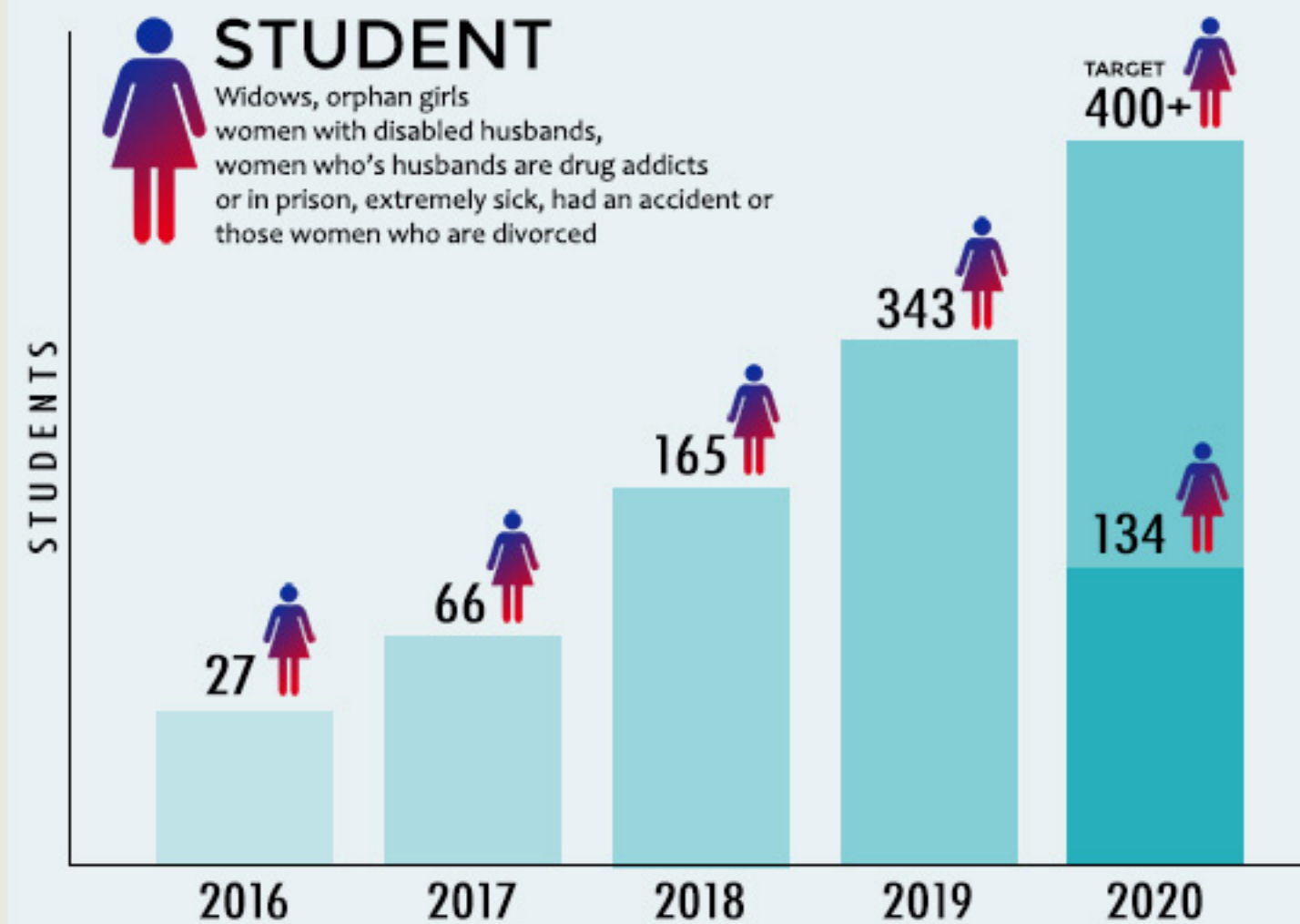
### KHADIJA'S STORY

### JAMILA'S STORY



### STUDENT

Widows, orphan girls  
women with disabled husbands,  
women who's husbands are drug addicts  
or in prison, extremely sick, had an accident or  
those women who are divorced



## 2020

Loving Humans charity aims to open a physical school with facilities for the Loving Humans - School of Skills project, where students can have their classes. The objective is to double the number of women upskilled each year reaching our vision of more than 20,000 students trained by 2025.

## LOGISTICAL DIFFICULTIES

Currently, our students are spread out across the city and training often takes place in various locations.

The ration and training arrangements are made and paid for by Loving Humans Charity.

The lack of infrastructure, routine and consistent teachers leads to inefficiency slowing the process of training the students.



**Our vision is to open the first Loving Humans - School of Skills in 2020, where we can expand the project into a building infrastructure with regular courses, open to all vulnerable women who want to become independent.**

## WHAT DO WE NEED TO MAKE IT HAPPEN?

In order to start the first school, we need to raise ..... **£60,649**

[See breakdown of costs below. Subject to exchange rates]

	Items	Cost	
		Rupees	Pound
1	Accommodation – 3 months security deposit	Rs 3,60,000	£1875
2	Furniture for students / class rooms / recreational area	Rs 2,50,000	£1300
3	Furniture for Supervisor's office	Rs 80,000	£417
4	Tailoring class	Rs 2,35,000	£1225
5	Hair and Makeup class	Rs 1,60,000	£835
6	Embroidery class	Rs 1,80,000	£930
7	Reading & Writing class	Rs 1,55,000	£800
8	Computer class	Rs 4,50,000	£2345
9	Fans and heaters	Rs 1,50,000	£780
10	2 x Water coolers	Rs 40,000	£200
11	Kitchen utensils	Rs 25,000	£130
12	Office supplies	Rs 20,000	£100
13	Electric Generator	Rs 2,50,000	£1300
14	Misc. Items / expenses / installation / transportation	Rs 3,00,000	£1560
<b>Total first time setup expense</b>		<b>Rs 26,55,000</b>	<b>£13,797</b>

THIS WILL INCLUDE

**COMPLETE SETUP OF THE SCHOOL**

**ALL EXPENSES, STAFF SALARY, OVERHEADS**

**400 STUDENTS A YEAR**

	Expense	Cost			
		Rupees		Pound	
		Monthly	Yearly	Monthly	Yearly
1	Rent (9 months)	1,20,000	10,80,000	625	5630
2	Bills (Electricity, Water & Internet)	100,000	12,00,000	520	6252
3	Supervisor's Pay	60,000	7,20,000	310	3750
4	Secretary's Pay	45,000	5,40,000	234	2800
5	Tutor's pay x 5	50,000 pp	30,00,000	1383	16600
6	Guard's pay x 2	40,000 pp	9,60,000	415	4980
7	Maintenance staff x 2	15,000 pp	3,60,000	157	312
8	Misc. expenses	50,000	6,00,000	260	3120
<b>Total expenses</b>		<b>Rs 7,35,000</b>	<b>Rs 88,20,000</b>	<b>£3821</b>	<b>£46,852</b>

## WHAT IMPACT WILL YOU HAVE?

With your monetary contribution, you will be helping orphan girls and widows learn a life skill, earn a decent living and protect themselves and their families from the disgrace of begging and the horrors of prostitution.

Charity Account No : 23 72 50 81  
Sort Code : 20-89-56

[www.lovinghumans.org/donate](http://www.lovinghumans.org/donate)

IBAN: GB57 BARC 2089 5623 7250 81

*giftaid it*  
make donations go further