



10 CLASSES
in different regions
of Kazakhstan
are teaching
clay therapy



“**T**he problem of a sightless kid is not a family problem, but rather the society problem. It is impossible to build a civil society if this problem is excluded».

Natalya Shvedova
teacher of tiflopedagogics,
Moscow State Pedagogical University

THE LAUNCH OF GOALBALL GROUP IN AKTAU

13

sightless and visually impaired children are engaged in para-olympic goalball sport in Nur-Sultan and Aktau

15

sightless children accompanied by their parents took part in the «Daryn» summer camp in Eastern Kazakhstan region with the methodological support of Moscow experts in July 2019



Sponsors and partners:

«KPMG in Kazakhstan and Central Asia», «Almaty International Women's Club» Public Fund (AIWC), Google employees, Aiman Andaspayeva, Adel Akhmetova, Haileybury Astana School, ZERE charitable art exhibition, «ROKOS» LLP, «Dastan» LLP, «Aktep LLP», «Altyn Kyran» Charity Foundation, «Anvar» LLP, Zhanat Kamelova, Akimats and Education Departments of cities and regions

MENTORS



«I decided to become a mentor because I wanted to be useful to the society. This is exactly the project that allows creating a greater good: to help the formation of one member of the society. I thought that it was impossible to help everybody in our society, but if I can help at least one person, who will later become a good citizen of this society this would be a valuable contribution. In addition, this is also an opportunity to improve oneself in order to become a good example for your mentee. Participation in this project gave me a feeling that I'm needed. The feeling of satisfaction by bringing use to a certain child as well as the society as a whole. It's also getting satisfied by your own personal growth and many other things. The project teaches to absorb somebody else's life, somebody that you've only heard about before. Not many people aware about orphans life realities. And this engagement in their life as well as their engagement in our life is a huge experience. This is a checkup of your

social, pedagogical and parental skills. This project gives an opportunity to improve your skills and not to self-improve, but also to improve your younger friend».

Vitaliy Murtazin

« - How would you describe your friendship? – Energetic, interesting and friendly! He taught me how to stay calm and conscious in conflicts, how to be more careful about one's health and things. I want to learn how to communicate with others, collect different interesting things, ship models, to type on a computer board as fast as he and to study foreign languages».

Arthur

Vitaliy Murtazin, 27 years old
Mentor of Arthur, Nur-Sultan

The aim of the project is to help orphans of 11 and above years of age to disclose their life potential and to form skills of independent life through communication with adult volunteers-mentors



In **9** CITIES of Kazakhstan is running «Mentors» project

4 CITIES were included into the project in 2019

137 TEENAGERS MET WITH THEIR MENTORS

“ I don't think of orphans as of those who are unhappy and needy. I know they have their points. Nevertheless, I see that they are ordinary people who face certain circumstances in their lives. Like other people they also to be in relationships where they are both takers and givers. That is why I concern at the Mentors project as at the space for relationships».

Svetlana Savelyeva
coordinating psychologist of the Mentors' project

35 MORE THAN PSYCHOLOGISTS AND COORDINATORS were supporting and cooperating with the project in 2019



CORPORATE MENTORSHIP

34 ORGANIZATIONS have become corporate mentors in 2019 and are actively supporting the project

138 CHILDREN participated in seasonal internships and educational courses which served as «a springboard» for them to select their higher education and future profession respectively

21 CHILDREN from orphanages take additional classes in mathematics
3 OF THEM are getting prepared to apply to universities

Sponsors and partners: «KPMG in Kazakhstan and Central Asia», «Baiterek» National Management Holding, Gulnar Dossayeva, Zhaniya Kurmanova, Narxoz University, «Ernst & Young Kazakhstan», Dauren Bliyev, «RTS LTD» LLP, BAcademy, «Dublin» Pub, Karlygash Utembayeva's Social workshop, «Ministry of Coffee» coffee-shop, Rafe Coffee & Food coffee-shop, «Kiwi» Nail Salon, The Ritz-Carlton Astana, «Gymboree» Play & Music, State Technical Service, «Percini» Restaurant, «Avtomaximum» service center, «PeshNan» coffee-shop and cookery, «Talan» educational center, Kazakh National University of Arts, «AstraZeneca», Davai Sxodim Almaty, «Atameken» National Chamber of Entrepreneurs, Technological and economic college of Almaty Technological University, the Utenov family, SmArt.Point co-working center, UIB University of International Business, METRO Cash&Carry

Sponsors and partners: «Baiterek Development» JSC, «Bon Bon» coffee house network, «Start-time.kz» crowdfunding platform, «TOP Cleaning Kazakhstan» LLP, «Kazprotect» LLP, Charity Foundation «Kuanysh Yeshenkul», Richard Taverna, Leila Adaibekova, Marina Sultanova, Margarita Bochenina, Rufina Nosova, Yermek Yernur, Oksana Akimova, A.Baiseitova, Saule Otasheva, online donations, donation boxes, Akimats and Education Departments of cities and regions

COACHING

109 CHILDREN

are involved in individual coaching and have received support upon their personal requests

Sponsors and partners:

Assel Zoe, Zhanna Ospanova, Aleksandra Kim, Aliya Tokbulatova, Almagul Imans, Altynay Duisembayeva, Liudmila Levitanus, Yuliya Togobitskaya, Yelena Yugay, Gulmira Yesmagambetova, Liudmila Kulikova, Eurasian Institute of Practical Psychology and Psychotherapy

MEDIA CAMPAIGN

MORE THAN

12000

INTERESTED PEOPLE

were attracted to the project as a result of an advertising campaign



MORE THAN

130

FRIENDS AND PARTNERS

were invited to watch a social documentary about the «Mentors» project as part of an advertising campaign. It was presented at Kinopark IMAX network of movie theaters

The Mentors project became a winner at the #Vseyasno2019 workshop in Czech Republic. As a result, «The Mentor's Alphabet» campaign was launched in social media which aimed to attract public attention to children who do not have adults in their lives

12 PUBLIC PERSONS AND BLOGGERS IN KAZAKHSTAN SUPPORTED THE MENTORS PROJECT DURING THE CAMPAIGN

Sponsors and partners:

«Internews Kazakhstan» information agency as a part of MediaCAMP program in Central Asia and USAID, Adele Smith, Orken Kenzhebek, Assel Zoe, Rakhim Oshakbayev, Gulmira Abdrasheva, Almaz Yerzhan, Makhabbat Esen, Madina Omanova, Emin Askerov, Aigul Mukei, Meirzhan Turebayev and Dana Yeseyeva, Yekaterina Krivtseva



In the beginning of 2019, together with Yelena Kogay, my coach, have set ambitious goals – to choose a profession for further application to college and also to get me ready for independent life in the Youth House. I was graduating the 9th grade and couldn't decide whether to choose a profession of cook or designer. Yelena helped me to make up my mind, to understand what my strong features are, to understand what I want. She was telling me about other professions and we were looking at many options. As a result, I decided to apply to the architectural college.

Moreover, Lena helped me to get ready for the transfer from the orphanage to the Youth House. For many kids this is a very emotional and distressing moment: if previously we used to be completely taken care of by the staff of an orphanage, then upon graduation one should rely mainly on oneself. Lena taught me how to cook simple dishes, how to spend

money and how to distribute my scholarship.

At first glance, this might seem minuscular but it was a real life saving for me. I was greatly concerned that I won't be admitted to college, won't be able to deal with an adult independent life in the Youth House. But thanks to Lena, who kept cheering me up, I learnt how to trust in myself.

Now I'm a 1st year student. I'm happy that everything worked out fine and grateful to Lena. I know that I can approach her for support, advice and help with personal issues at any moment and she is always there for me. Although I don't have a mentor or older comrade, Lena became my friend and a very close person. We keep working together and are now setting goals for 2020 which I'm sure I will be able to achieve with the help of my coach.

Slava, 16, Almaty