



## THE AWARD...



#### **EMBRACES DIVERSITY**

The Award is the most inclusive youth development programme in South Africa

### 97 % OF AWARD

PARTICIPANTS who were interviewed during a national impact survey by the NYDA, said they would recommend the AND SOCIAL woung people.

Youth that participate on the Award through residential youth facilities are better equipped to lead successful lives after being disengaged from institutional care.

#### PARTICIPATION

Over 55 000 youth across 9 provinces are working towards completing their Bronze, Silver or Gold. The Award programme is implemented in over 500 units, which include correctional centres, residential youth care facilities, community-based groups, faith-based organisations, resourced and underresourced schools as well as institutions of higher

#### STAYING IN SCHOOL

Research findings indicate that 72% of youth are encouraged to do well in school and are more confident to make informed decisions and choices about their future.

## REHABILITATION AND DIVERSION

The Award complements the White Paper on Corrections and is used as a rehabilitation tool for young offenders and significantly reduces the re-offending rate. Over 40 0000 young offenders have gone through the programme since 1994.

## ABOUT THE PRESIDENT'S AWARD



In South Africa

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THE PRESIDENT'S AWARD FOR YOUTH EMPOWERMENT (TPA)



#### **OUR VISION**

Is to reach more young people from diverse backgrounds and equip them as individuals to succeed in life.

#### WHY THE AWARD?

Non-formal education focuses on developing the wider 'soft' – or life skills which help young people ensure they are ready for the world. When paired with formal education, it provides a fantastic foundation for a young person to thrive. In the school environment, teachers seek ways to enhance the school curriculum and contribute to the holistic education of the learner. The

The
President's Award
(TPA) is proudly The
Duke of Edinburgh's
International Award

in South Africa.

Operating

in more than

and territories.

 $30_{\text{countries}}$ 

Award Certificate(s) count in many schools towards the need of the Life Orientation Curriculum to produce evidence of extra-curricular development.

Within the Child and Youth Care System in South Africa, every child is required to have an Individual Development Plan where the 4 key development areas of the Circle of Courage are addressed. The Award Programme is a perfect match for the four areas of Sense of Belonging, Sense of Mastery, Sense of Independence and Sense of Generosity. The Award has also proven itself as one of the most effective tools in rehabilitating young offenders. Whatever the context the Award is implemented in, the outcomes achieved in the lives of participants reflect significant, positive, life changing results that impact them individually and those around them.

WE FOCUS
ON YOUNG PEOPLE....

TRANT

aged 14-24 from all walks of life; working with schools, universities, youth organisations, community youth groups and correctional centres across South Africa giving them an opportunity to lead successful and fulfilling lives.

Youth can sign up online on our website

## www.presidentsaward.co.za

or enrol through their Teacher/Award Leader responsible for the implementation of the programme at the school/centre.

## **International Affiliation**

Recognised both nationally and internationally by employers and universities alike.

## **Our Ambition**

Is that every eligible young person in South Africa will have the opportunity to participate in the Award.

### OUR CHALLENGE

To grow the Award so it is available to as many young people as possible.



### THE 9 IMPACT MEASURES

#### THE LONG-TERM VALUE OF THE AWARD FOR INDIVIDUALS AND SOCIETY

The Duke of Edinburgh's International Award have developed our impact measures by examining existing research and evidence on the Award's effectiveness as a youth development tool. Much of this evidence is based on young people's own reports of how doing the Award has transformed their outlook, but it takes into account the views of employers, educational institutions, parents and youth leaders. We have benchmarked our measures against international frameworks such as the UN's Millennium Development Goals, and against the development objectives of regional and international organisations such as the Commonwealth Youth Programme.

#### **IMPACT 1**

#### Improved educational attainment

Improving young people's attendance at school, college, their commitment to education and their achievement levels.

#### **IMPACT 2**

## Improved employability and sustainable livelihoods

Improving young people's employment levels and ability to support themselves financially when they need to do so.

#### **IMPACT 3**

Improved health and well-being Increasing young people's physical fitness, and their own sense of emotional and mental well-being.

#### **IMPACT 4**

### Increased participation in civic life

Increasing young people's involvement in volunteering and community activities, and their participation in the social and political life of their community.

#### **IMPACT 5**

Social Inclusion

Improving community integration, acceptance of individual differences, and increasing the access of all young people to development opportunities.

#### IMPACT 6

#### The environment

Increasing young people's awareness of environmental issues, and involvement in environmental and sustainability initiatives.

#### **IMPACT 7**

## Gender equality and the empowerment of women

Bridging the gender gap and empowering marginalised young women, building their self-worth and enabling them to demonstrate their potential.

#### **IMPACT 8**

# Reduction and prevention of violence, conflict resolution and peace-building

Reducing inter- and intra-group conflict and violence, and building dialogue and co-operation within communities.

#### **IMPACT 9**

Reduced re-offending (recidivism) rates

Reducing youth crime and contributing to the reduction of re-offending rates.

## THE VALUE OF THE AWARD

THE DUKE OF EDINBURGH'S INTERNATIONAL AWARD

In South Africa

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"Most of our TPA learners at Merensky High School are over-achievers, they are consistently recognised for academic and sports achievements. The President's Award, however also gives recognition to those learners who wouldn't necessarily make the 1st team nor be in the top 10 in terms of academics. Most of our learners do the Award to purely be accepted at university and I believe that it works. Tracking back on those who have achieved their Gold and since left the school, we can definitely attest that TPA was a worthwhile experience for them. The Award is indeed a token of pride for them, which further exposes them to ample opportunities in life." - Yolande Rautenbach, Teacher (Award Leader)

# South Africa has a youth unemployment rate of 38.2%;

there are limited opportunities available for youth. Partner with us in making the Award available to as many young people as possible. The Award is Nationally and Internationally recognized by Institutions of Higher Learning, Bursary Administering Organisations and potential employers.

"Had it not been for the Gold Adventurous Journey I went to at the Drakensberg Mountains that taught me resilience; I would not have completed my law degree."

Maureen Makoko,
 Gold Award Holder

(Left: Mareen is currently an Associate at Adams & Adams and celebrates 10 years as a Gold Award Holder)



## **KEY STRATEGIC PRIORITIES**

#### **ACCESS**

 Increase the number of Award entrants, particularly in marginalised communities.

#### **REACH**

 Increase the number of organisations and people involved in delivering the Award by improving the social infrastructure of the Award.

#### **IMPACT**

 Increase Award completion rates through supporting Award Leaders and training providers.

#### **RESOURCING**

 Increase human capital and material resources.

#### **SUSTAINABILITY**

• Ensure that the Award programme is sustainable.



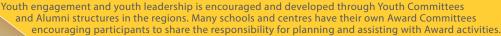
## 10 FACTS ABOUT THE AWARD

The Award Programme is the most inclusive youth development

Annually over 55 000 young people from across South Africa's nine provinces are working towards completing a Bronze, Silver or Gold Award. In the last 10 years, over 20 000 youth completed their levels.

Over the last 10 years Award participants have collectively undertaken more than 1 million hours of service in the community.

Every year Award participants are recognised nationally and at times internationally for the contribution they make in their



The Award Programme is active in over 500 Award Units (schools, youth centres and correctional facilities) and supported by approximately 720 dedicated Award Leader volunteers.

The Award programme compliments the White Paper on Corrections in South Africa, as well as the rehabilitation path for offenders. The Award has proven to be an effective rehabilitation tool and inspires the Department of Correctional Services (DCS) officials to use it to change the lives of many incarcerated youth through the structured framework of the Award. Over 40 000 young offenders have gone through the programme since 1994.

TPA has five regional offices: in KwaZulu-Natal (Hilton and Durban), in Gauteng (Midrand), in the Eastern Cape (Grahamstown) and in the Western Cape (Somerset West).

There is an active alumni association for Gold Award Holders, called SAGAHA which allows our alumni to reconnect and have access to different national and international Award activities and opportunities.

97 % of Award participants who were interviewed during a national evaluation in 2014, said they would recommend the Award to all young people. Proud to be THE DUKE OF EDINBURGH'S INTERNATIONAL AWARD In South Africa

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## WHAT WE DO

## PARTICIPANTS PROGRESS AT THEIR OWN PACE THROUGH THREE LEVELS: BRONZE, SILVER AND GOLD.

There are four Sections to the Programme that must be done for a specified minimum period of time for each level; Service, Skills, Physical Recreation and an Adventurous Journey. In addition, a Residential Project is required for the Gold level. With guidance from volunteer adult Award Leaders, each young person reflects upon their interests, abilities and ambitions as they set themselves challenges throughout the Sections. More than 700 adult volunteer leaders are actively involved in mentoring young people through their Award journey. The Award is designed to reward perseverance and inspire individual action through challenging, but non-competitive activities. On achieving an Award, participants would have developed many skills, behaviours and attitudes that equip them to succeed in life and work.

## Our Reach

THE AWARD PROGRAMME IS PROMOTED THROUGH
THREE BROAD TARGET AREAS IN SA:

#### **LEARNING FOR LIFE:**

With the focus being in schools, tertiary institutions as well as youth organisations, such as the Scouts, Girl Guides and Sea Cadets.

#### PHAKAMA:

Caters for the specialised needs of community youth groups and residential child care centres, including children's homes, shelters and secure care centres.

#### **READY:**

Targets youth in conflict with the law such as offenders within correctional centres, substance abuse centres, etc.





### AWARD FRAMEWORK

## **BRONZE LEVEL**

old and younger than 25 years old. Minimum completion period of 6 months. period of 6 months.
Participants must
complete the
requirements in each
of the sections
simultaneously.

#### **SERVICE**



At least 24 hours spread over 3 months

#### **SKILLS**



Select an activity & show regular effort & improvement over 3 months photography, chess)



Select an activity and show regular effort and improvement spread over



Undertake a journey with an agreed purpose over 2 agreed purpose over 2 agreed purpose over 2 per coupt of the figure as a group of no fewer than 4 peer equals, supervised and assessed by an experienced adult(s), 6 hours planned activity per day. Accommodation in tents, trail huts or similar.

RESIDENTIAL

**PROJECT** 

#### ADDITIONAL REQUIREMENTS

A participant must do an extra 3 months in either service, physical recreation or skill.

#### SILVER LEVEL

48 hours spread over 6 months

Select an activity & show regular effort and improvement spread over 6 months

Select an activity and show regular effort & improvement spread over 6 months (e.g. horse-riding, netball, rock-climbing)

Non-bronze award holders must do an extra 6 months in either service, physical recreation or skill.

#### GOLD LEVEL

For those over 16 and under 25 years old. Minimum completion period of 12 months for Silver Award holders and 18 months for non-Silver Award holders. Participants must complete the requirements in each of the sections simultaneously.

At least 72 hours spread over 12 months

Select an activity & show regular effort & improvement spread over 12 months

(e.g. learner's / driver's licence, drama, musical instrument)

Select an activity & show regular effort & improvement spread

over 12 months (e.g. karate, water-skiing, soccer)

Undertake a journey with an agreed purpose over 4 consecutive days and 3 nights in a group of no fewer than 4 peer equals, supervised and assessed by an experienced adultis, 8 hours planned activity per day. Accommodation in tents, trail huts or similar.

80 km, or 225 km, or 160 km 6 hours per day, or 8 hours per day

Undertake a shared purposeful activity with people who are not your usual colleagues or usual colleagues of friends, in an unfamiliar residential setting for at least 4 nights and 5 consecutive days. Non-silver holders must do an extra 6 months in either service, physical recreation or skill.



# GUIDANCE FOR THE AWARD LEADER

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The following six pages outline the Award requirements that you need to share with your enrolled participants.

NB: When a participant enrols on the Programme, please share the relevant information depending on the level the participant has enrolled for.



## **BRONZE OUTLINE**

We shall acknowledge your activities as from your date of enrolment.

You need to record your activities each time you do them; you can either use an electronic Online Record Book or a paper based Portfolio of Evidence. Your activity coaches need to sign off your activities.



Bronze takes a minimum of 6 months to complete. You have to do service, skill and sport for 3 months concurrently; then continue with one of those activities for an extra 3 months to make it 6 months. And fit in the 2 days of adventurous journey within the 6 months. In order to complete in 6 months; do not skip a month because a month that is skipped, must be made up for. You can do Bronze for longer than the stipulated time.



If you have more questions, do not hesitate to contact us on info@presidentsaward.co.za.



All the best with your Award journey.

SPECIAL INSTRUCTIONS:



Family/ We of acking Relatives cannot be your activity 4 his coaches.

We don't acknowledge more than 4 hours of service per day. We do not acknowledge family Adventurous Journeys. Please get pre-approval from us before confirming your booking. Sport can be done at school and will be acknowledged as Physical Recreation; gym, dance and park runs are also options participants can do for Physical Recreation Skill can be an extra subject such as AP Maths or CAT; Master Maths, Kumon, and other extra-curricular classes, an extra language, driving lessons, music, cooking (not taught at home), photography, etc. These are just a few examples that can be done as a skill.

Physical Recreation should be done at least once weekly.

busy month, you need to squeeze in all your activities so that you finalize your Bronze by the end of

#### COMMUNITY SERVICE



24 hours over minimum of 3 months\*.

### SKILLS •

1 or more regularly over minimum of 3 months\*.

#### PHYSICAL RECREATION



1 or more regularly over minimum of 3 months\*.

#### ADVENTUROUS JOURNEY



6hrs planned
activity over
2 consecutive
days and
1 night.

Hike:
24 km, or
Cycle:
80 km, or
Horseback:
48 km, or
Canoe:
4 hours per
day, or
Sail:

6 hours per

## **BRONZE AWARD**

\*Participants must do an extra 3 months of either Physical Recreation/ Community Service/Skills.





## SILVER OUTLINE

We shall acknowledge your activities as from your date of enrolment.

You need to record your activities each time you do them; you can either use an electronic Online Record Book or a paper based Portfolio of Evidence. Your activity coaches need to sign off your activities.



For a Bronze Award Holder,
Silver takes a minimum of
6 months to complete. You have
to do service, skill and sport for
6 months concurrently. And fit in the
3 days adventurous journey within the
6 months.

For a non-Bronze Award Holder, you need to do an additional 6 months of activity. Direct Silver takes a minimum of 12 months to complete.
You can do Silver for longer than the stipulated time.



If you have more questions, do not hesitate to contact us on info@presidentsaward.co.za.



All the best with your Award journey.

COMMUNITY SERVICE



48 hours over minimum of 6 months\*.

SKILLS

1 or more regularly over minimum of 6 months\*.

PHYSICAL



1 or more regularly over minimum of 6 months\*.

DVENTUROUS JOURNEY



7hrs planned activity over 3 consecutive days and 2 night.

Hike:
48 km, or
Cycle:
145 km, or
Horseback:
96 km, or
Canoe:
5 hours per
day, or
Sail:
7 hours per

## SILVER AWARD

\*Non-Bronze Award holders must do 6 extra months of either Physical Recreation/ Community Service/Skills.

SPECIAL INSTRUCTIONS:



Friends/
Relatives
cannot
be your
activity
coaches.

We don't acknowledge more than 4 hours of service per day. We do not acknowledge family Adventurous Journeys. Please get pre-approval from us before confirming your booking. Sport can be done at school and will be acknowledged as Physical Recreation; gym, dance and park runs are also options participants can do for Physical Recreation. Skill can be an extra subject such as AP Maths or CAT; Master Maths, Kumon, and other extra-curricular classes, an extra language, driving lessons, music, cooking (not taught at home), photography, etc. These are just a few examples that can be done as a Skill and Physical Recreation should be done at least once weekly. Even on a busy month, you need to squeeze in all your activities so that you finalize yous Silver by the end of 6 months for a Bronze Award Holder; 12 months for Direct Silver.

## Proud to be **OUTCOMES FOR PARTICIPANTS** THE DUKE OF EDINBURGH'S INTERNATIONAL AWARD In South Africa PAGE 13 MANAGING **FEELINGS RESILIENCE &** CONFIDENCE COMMUNI-**CATION** To make the most of your RELATIONSHIP President's Award on CV's and job applications, visit & LEADERSHIP https://www.dofe.org/cv-jobs/ **PERSONAL** for guidance. & SOCIAL **WELL-BEING** CIVIC **CREATIVITY &** What **COMPETENCE ADAPTABILITY EMPLOYERS** are looking **PLANNING &** for **PROBLEM SOLVING** What **THE AWARD** gives young people



For a Silver Award Holder, Gold takes a minimum of 12 months to complete. You have to do service, skill and sport for the 4 days of adventurous journey within the 12 months. In order to complete within the minimum completion period; do not to skip a month because a month that is skipped, must be made up for. For a non-Silver Award Holder, you need to continue with one of the activities for an extra 6 months. Direct Gold takes a minimum of 18 months to complete. You can take longer than the required time to complete your Gold.



If you have more questions, do not hesitate to contact us on info@presidentsaward.co.za.



All the best with your Award

## **GOLD OUTLINE**

We shall acknowledge your activities as from your date of enrolment.

You need to record your activities each time you do them; you can either use an electronic Online Record Book or a paper based Portfolio of Evidence. Your activity coaches need to sign off your activities.

#### COMMUNITY SERVICE



72 hours over minimum of 12 months\*.

## SKILLS

1 or more regularly over minimum of 12 months\*.

## PHYSICAL



1 or more regularly over minimum of 12 months\*.

#### ADVENTUROUS JOURNEY



8hrs planned activity over 4 consecutive days and 3 night.

80 km, or
Cycle:
225 km, or
Horseback:
160 km, or
Canoe:
6 hours per
day, or
Sail:
8 hours per

## RESIDENTIAL PROJECT



Residential
Service or
Physical
Recreation
or Skill
project over
5 consecutive
days/
4 nights.

### **GOLD AWARD**

\*Non-Silver Award holders must do 6 extra months of either Physical Recreation/Community Service/Skills.





# THERE IS A SIMPLE, 7 STEP PROCESS TO IMPLEMENT OR DELIVER THE AWARD EFFECTIVELY IN YOUR ORGANIZATION.

BUY IN

- Approval from management and support network to ensure success.
- Appointment of Award Leader(s) to run the Award in organisation.
- Agree to roles, responsibilities and requirements. MOU signed.

PLAN

- Plan implementation strategy; with year plan and budget if required.
- Familiarise yourself with Award. Attend orientation/training. Use Handbook and access other resources on TPA and Award Programme.
- · Start basic admin system to keep info/records on Award, participants, volunteers, etc.

RECRUIT

- Market the Award to youths through, e.g. presentations, pamphlets, etc. It is advisable to also inform parents and all staff.
- · Submit completed enrolments and payments to TPA; unless participant enrols online.
- Recruit assistance of other adult leaders as Award assistants, volunteers, activity coaches, assessors, etc.

**GUIDE** 

- Assist participants with selection of appropriate activities for each Section and recording & verification of activities undertaken.
- Ensure participants fully understand and meet requirements by reviewing and/or gaining approval for planned activities; especially in Adventurous Journey and Residential Project.
- Assist where necessary in briefing of activity coaches.

MOTIVATE

- Meet participants to monitor progress. Invite TPA staff to meet them to address queries/ challenges and motivate completion.
- Network with other Award Leaders through attending Group Meetings for Award Leaders where best practice and Award matters are discussed. These events are informative and inspiring.
- Invite Award Holders to speak at events and motivate participants.

PUBLICISE

- Publicise Award activities and share participants' stories through local media, facebook, newsletter, etc.
- Share success stories internally with Management and staff. Having a TPA notice board is very useful.
- Arrange TPA presentation in assembly, staff meetings, etc.

ASSESS

- Pre-assess record book or portfolio before sending completed record book / portfolio to TPA Programme Manager for assessment.
- Arrange appropriate presentation of Award to participant, e.g. hand out at assembly/prize giving.
- · Encourage Award recipient to sign up for next level or join Alumni Association, called SAGAHA.

## AWARD LEADER REFLECTIONS



In South Africa

"Roedean School has offered The President's Award Programme to our girls since 2007.

Over the past seven years our girls have embraced the Award most enthusiastically.

The components of the Award foster personal growth and a positive mindset: taking responsibility for one's life and being prepared to embark on new ventures; setting goals and seeing tasks through to completion; perseverance; physical fitness; social skills; social awareness; empathy; and pride in one's achievements. The Award is held in high regard at Roedean not only by the girls, but also by the parents and the school community. In addition to the intrinsic benefits of the Award, girls have been acknowledged for their achievements by earning places in medical faculties and university residences." - Sandy Murray

"At St Cyprian's School, we offer the President's Award Programme as a youth development tool to our students and have done so for over 10 years. We find that this programme offers our students a structure for personal and professional development. The challenges that they are given are real and push them to grow. ... The students at my school who work hard to complete awards are more likely to be chosen for leadership roles within the school because they are more confident in themselves and their abilities. As an Award Leader, I value the partnership between the schools and The President's Award. ... Not only does The President's Award value the participants, but it values the Award Leaders. We have had meetings and indabas over my 10 year involvement, which have connected me to other Award Leaders, allowing for networking and creative solutions for the programme in our schools." - Nickie Wallace

"The Programme is giving young people a platform to showcase their talent and also gives them opportunities to grow as young leaders. It broadens their minds and makes them to be able to think out of the box because of the experiences it brings to their lives. It forces them to get out of their comfort zone and face challenges that they never thought of facing. It gives them an opportunity to engage with people from different backgrounds and learn more about their circumstances." - Sindi Zamani

#### The Award in Correctional Centres.

"The Award Programme teaches young people to persevere and this is a key requirement for success." - Wallace Pienaar, Head of Centre, Robertson Correctional Centre. "Out of our 28 Gold Award youth offender participants at Robertson Correctional Centre since 2010, only three fell back into crime, which represents a success rate of 89%." - IK Swart

Since the introduction of the programme in the centre we have seen a dramatic change in the young offenders' conduct and behaviour; all those who are part of this programme have been elevated to peer leaders, hence a lot of offenders look forward to be part of this programme." – Maxwell Ishabalala

"Most of our TPA learners at Merensky High School are over-achievers, they are consistently recognised for academic and sports achievements.

The President's Award, however also gives recognition to those learners who wouldn't necessarily make the 1st team nor be in the top 10 in terms of academics. Most of our learners do the Award to purely be accepted at university and I believe that it works. Tracking back on those who have achieved their Gold and since left the school, we can definitely attest that TPA was a worthwhile experience for them. The Award is indeed a token of pride for them, which further exposes them to ample opportunities in life."

- Yolande Rautenbach

"I have been privileged to be a parent leader for the past 5 years; two of my children are Gold Award Holders and I assisted the Roshnee Islamic School with running the programme. This experience with the youngsters has been amazing; seeing children develop skills they didn't know they were capable of, e.g. painting or learning a new language. Understanding their difficulties when on the adventurous journey, motivating them to complete the hike no matter how long the journey is. The sense of achievement they have once they received their award is truly remarkable and fulfilling." - Dr Sima Karani (Parent Award Leader - Roshnee Islamic School)



