



NDF Pakistan

National Disability & Development Forum

ZAKAT

VOL-01
2020

"And establish prayer, and give Zakah and bow with those who bow (in worship & obedience)" Quran {2:48}

CHARITY EXTINGUISHES SIN AS WATER EXTINGUISHES FIRE

Zakat is a religious obligation that purifies our wealth and ensures the wellbeing of charitable causes. Without giving Zakat, the most deprived in our community will never flourish.

NDF is one of the most trusted charity foundation in the Pakistan. We've always worked to ensure that your Zakat is spent in the most efficient way for over a decade now. We are able to utilize your Zakat to bloom a new life like a bud. We take this job seriously because we will be held accountable to Allah SWT.

Donate your Zakat today to NDF and make a Difference.



Regional Office Karachi:
Office No. 311, 3rd Floor, B-9/B-1, S. P.
Chamber, S. I. T. E, Karachi
Tel: 021-32570065
Email: ndf.khi@gmail.com
Whatsapp: 0330 2748658
Website: www.ndfpakistan.org

Nawabshah Headoffice:
House No. C-23, Housing
Society, Nawabshah
District Shaheed Benazir
Abad, Sindh.

There is always goodness in giving

*"Allah is kind and
He loves kindness in
all matters."
Sahih Bukhari
6528*

The obstacles faced by children in dealing with day to day life is daunting enough. It is evident that significant numbers of children who deal with additional challenges daily do not get the chance to improve their life through education.

Globally it is reckoned that 70 % of disabled children can attend regular schools, including those with mild mental retardation, given the environment is readily available and the institution is willing to accommodate them but what about the remaining 30%?

NDF (national disability and development forum) is a nonprofit organization working hard since 2007 for the betterment and development of the disability rights and educational environment in rural Sindh. They are working hard for the rights of children with disabilities irrespective of the religion, cast and race and solely focus on wellbeing of the children.

The major target of NDF is to accommodate all the children deprived from the very basic human right and provide them with the environment where they feel secure and learn equally as any other child.

"Know me for my abilities, not my disability."

Robert M. Hensel



GRATITUDE TO HBL FOUNDATION

It is truly remarkable to manage work like NDF in small town like Nawabshah with its limited resources. NDF is working tirelessly to bring change in this society where weak and incapacitated people are neglected. Their constant efforts for lifting the handicapped children are exceptional and the services provided to these disabled children are just astounding. Visit of Abid Rafiq, CEO, HBL Foundation has made him more than happy by becoming part of such an NDF Program of Rehabilitation. He conveyed loads of best wishes for bright future of NDF.



NBP

National Bank of Pakistan

NATIONAL BANK PAKISTAN

The CSR of National Bank of Pakistan is always ready to help people in need and actively search the people and organizations in need. Their core objective is to improve the life of underprivileged people and ensuring their well-being.

Their CSR is not only looking out for these misfortunate people in cities but also in the villages and remote areas.

They have helped NDF by donating 3 rikshaws that are being used for pick and drop services. NDF truly appreciates the thoughtful contribution and would like to thank National bank for this benevolent gesture.

MESSAGE FROM ABID LASHARI



Disability is a matter of perception, When God takes one thing, he replaces it with something else I have a disability yes that's true but I did not let that define who I really am. I went through so much struggle to turn my vision of NDF into reality. In 2017 government of Pakistan realized my perception that disabled does not mean less-abled and provided me with the basic aid to start the Rehab Center for the downhearted and misfortunate children living in misery. After two years I had to choose between letting all my struggles and the hopes of children in the shelter go in vain and shut down the shelter or revive everything and help those children on my own. I chose the 2nd option. The amount of donations I've received and the generosity each one of you has shown is beyond the expectations. It's because of philanthropists like you that more than 200 children are receiving free of cost services under NDF.

I am doing all this in the hope that one day these children will be successful in life, that one day they will be fortunate enough to rule over their disability instead of being a victim of it, and in doing so I need all your support and help.

We make a life by what we give

SERVICES PROVIDED IN THE SHELTER

National Disability and Development Forum (NDF) is working hard to bring a better change in the society, where underprivileged children are often ignored, NDF pays special attention to them, the main goal of NDF is to provide these unfortunate children with tools they need to shape their future and provide equal opportunities to all children whether they are disabled or not.

The first and foremost challenge of NDF is to build the character of these children so that they can stand as proud unique individuals in society

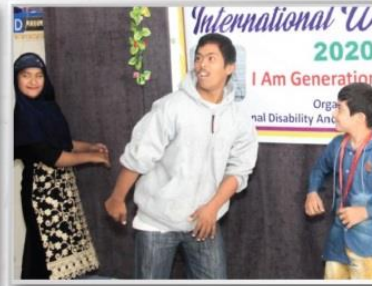
CHILDREN ARE BEING PROVIDED BY SEVERAL THERAPIES INSIDE THE SHELTER THAT INCLUDES



Physiotherapy



Color Therapy



Music Therapy



Mud Therapy



Occupational Therapy



Psychotherapy



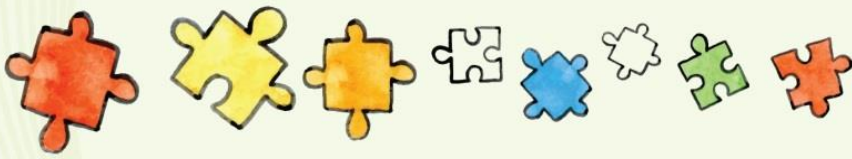
Lifelong Learning and Education



Water Therapy

The school normally operates from 9 to 3. Children who lives nearby goes to their houses afterward but those who came from faraway places like Hyderabad, Mityari, Khairpur, Larkana, Quetta, Karachi etc. can stay in the shelter. NDF takes full responsibility of these children.

NDF is changing life of 200 children. Can you imagine if it weren't for NDF, what would the future of these children be? These children are saved from the faith of begging, unemployment and suicide, but there are many more outside waiting for the change, waiting for some miracle to come along and change their life. Help these children to find their destination, help them meet there purpose, help us reach them, donate and support us so that we could accommodate more and more children.



Where there is a will, there is a way

DISABILITY TRAINING PROGRAM IN KOREA

Abid Hussain Lashari President/CEO NDF was invited as a participant for disability inclusive development train-the-trainers workshop 2019 arranged in Korea. He was the only Pakistani to represent the country alongside Nepal, Srilanka and 16 other countries. It was a great honor for all as he was the only Pakistani to represent Pakistan at international level in the workshop.

The workshop was about training the leaders in disability sector to develop the skills and increase knowledge around disability like how to treat them and deal with situations faced by young leaders

He had a great time learning from the disability experts who had rich experience in training.

He learned a lot from this program and is now hopeful to practice his knowledge in Pakistan.

Pakistan ratifies the Convention on the Rights of Persons with Disabilities (CRPD), but there was no serious implementation. Mr. Abid Hussain is enthusiastic about implementing his learning and training in Pakistan.



SPECIAL OLYMPICS PAKISTAN

NDF has partnered with Special Olympic Pakistan. 12 children from our rehab center has been selected for international Olympics. They are being trained in the center by them for now and will soon be ready to participate in the games. NDF would like to thank Ms. Ronaq Lakhani and the team for helping and training our children so that they can be a part of such amazing and huge event and for showing such great enthusiasm in training our children.



PROJECTS DONE BY NDF

Apart from Rehabilitation/Schooling and Skill Development Training of children with intellectual disabilities, NDF has also done at least 23 local and international projects with various organizations. NDF actively participates in field implementation, frequent projects assigned by different NGOs and organizations that have successfully benefited more than ten thousand families.



- USAID
- IUCN
- SPO
- Sindh Education Foundation (SEF)
- Awaz Foundation
- DAI
- UNESCO
- US Embassy
- Government of Sindh (CDP-DEPD-BBSHRRDB-EPI)
- HI (Humanity & Inclusion)
- High Commission New Zealand
- Focus/Plan Pakistan
- Abilis Foundation Finland
- Lead Pakistan
- PHC Global/UNICEF
- Lead Pakistan
- Rozan/VSO & others.

LAND

Our biggest achievement until now is that we now have a proper plot where we can build for the children. A local builder in Nawab shah has donated a plot spanning 10,000 sq. ft in Doctors society for the children. They have reduced almost half of the burden by providing us with a concrete place that is solely the property of NDF. Instead of living on rental basis now we have our own land where we can build as we want. This gesture is highly and deeply appreciated as for one reason the children would now have their own place and for another the money that was mostly spent on rent would now be used in the wellbeing and healthcare of the children. NDF would like to thank each and every soul who was involved in this act of generosity as without you we wouldn't have come this far.



DISABILITY SHOULD NOT BE PERCEIVED AS INABILITY

NDF is one such organization which is providing opportunity for disabled youngsters to develop their abilities by skill training programs since 2011, enabling them to earn their own dignified livelihood. NDF is offering 4 months courses enrolling 15 personnel in each course for following fields;

- *Computer courses for IT.*
- *Beautician & skincare courses for health & beauty.*
- *Sewing & embroidery courses for fashion designing.*

A certificate distribution ceremony is held where qualified personnel are granted with nationally recognized NDF Youth Skill Development certificate which is affiliated from STEVTA (Sindh Technical Education & Vocational Training Authority) & Trade Testing Board (TTB), Government of Sindh. Moreover, basic tools and equipment are provided as an award for their achievements so that they can explore further job opportunities.

We are proud to claim that our trained personnel are successfully managing 60 home-based enterprises and almost same number of personnel are successful in job placements in local Nawabshah.

We are aiming to expand our skill training program to help more disabled youngsters. We need your generous donations in this regard. Your sponsorship will help these youngsters to utilize their abilities and become independent of charity. Kindly come forward and help this cause.

Four Months Training Program Sponsorship details are following;

Computer Training Rs. 30,000/per student

Sewing & Cutting Rs. 20,000/per student

Beautician Rs. 45,000/per student

Your small act of kindness will help building a life.



See them, not their Disability Today, I have a voice, I can assert myself. If NDF were not here I would not have such a voice



Can you imagine not being heard when there is an absolute sea of thoughts inside your head? Or have you ever been in a situation where you want to speak and shout and just get the frustration out but cannot do so because you can't speak?

Born with a speaking disorder Reena is a 14-year-old girl from Nawabshah who has been through a very miserable life. She has suffered from speech disorder; and if she could tell people one thing about her disorder it would be that she doesn't want to be this way. But she is, so don't be unreasonable. Be understanding.



While she was growing up the problem was so intense even her parents had trouble understanding her resulting in her severe anxiety and frustration that resulted in depression and aggression. Her family instead of understanding the pain she is going through, casted her out. She was forced & tied up with chain to sleep with the cattle in the farm. She adapted herself like animals (Buffalos), her posture was like animals (sitting, eating, Simply because she was unable to speak out her needs and feelings.



In 2018 everything changed for Reena when she joined NDF, at that time she was 12 years old. She has been living in Rehab Center ever since. She was welcomed with love, patience and acceptance. After going through various therapies and trainings by the therapists finally, she was succeeded to change her molded posture, standing, sitting, hands use in eating, blinking of eyes, smile on lips & reduced mouth movement. She is progressing day by day to become part of mainstream society. Reena believes the training was empowering and reinforced her ability to live independently with a disability.



There are hundreds of children like Reena waiting for someone to change their life and NDF is determined to bring that change. In doing so NDF needs your support. Be the light for someone's eyes, words for someone's mouth the voice for someone's ears. Help us bring the change they are dreaming of.

Donate as much as you can.



ACHIEVEMENTS



FBR Federal Board of Revenue
Revenue Division - Government of Pakistan

IRS Inland Revenue Service

2016/G1 (Order to grant / refuse / maintain / withdraw approval to Non-Profit Organization)

Name: NATIONAL DISABILITY & DEVELOPMENT FORUM (NDF)
Address: C-23, CO-OPERATIVE HOUSING SOCIETY, NAWABSHAH, Nawab Shah Nawab Shah
Contact No: 0092323211876

Registration 8897242
Tax Year : 2020
Period: 01-Jul-2019 - 30-Jun-2020
Medium : Online
Due Date : 19-Nov-2019
Document 19-Nov-2019

In exercise of powers conferred upon me by section 219(3) of Income Tax Ordinance, 2001 Ministry National Disability & Development Forum (NDF), is hereby approved for the purpose of this section.

The person shall be entitled to tax credit for tax in respect of any amount given by any person as donation to the above foundation under section 61 of Income Tax Ordinance, 2001.

Manzoor Ali Jhokio
Commissioner
Inland Revenue, Zone-4
RTO HYDERABAD, CUSTOM HOUSE 48-SITE AREA HYDERABAD

TRIBUNE

Uttering Heroes

A pen empowers even a burnt hand

When Abd lost his hands to the flames, it was the pen that empowered him to pursue his dreams and become a shining beacon of hope for many like him



CERTIFICATE OF REGISTRATION OF SOCIETIES ACT XXI of 1860

NO. 56 1786 of 2014-2015

I hereby certify that **NATIONAL DISABILITY & DEVELOPMENT FORUM (NDF)** HONORABLE, HOUSING SOCIETY NAWABSHAH DISTRICT SHAHEED BENAZIRABAD has this day been registered under the Societies Registration Act XXI of 1860.

The Society was registered at **Nawab** on **SEVENTH** day of **SEPTEMBER** Two Thousand **FOURTEEN** and the receipt certificate issued on 15-08-2017

Signature
OFFICIAL SEAL



Ways you can Help.... Tear It & Send It

Contribution from Zakat

Contribution from Donations

Sponsor a Daycare Student
Rs. 8000/Month
Rs. 96,000/Year

Sponsor a Food (10 Students)
Rs. 60,000/Month
Rs. 720,000/year

Sponsor Sewing Cutting Course
Rs. 20,000/Student
Rs. 300,000/Batch

Sponsor a Boarding Student
Rs. 15,000/Month
Rs. 180,000/year

Sponsor a Medicines (10 Students)
Rs. 24,000/Month
Rs. 288,000/year

Sponsor Computer Training Course
Rs. 30,000/Student
Rs. 450,000/Batch

Sponsor Beautician Course
Rs. 45,000/Student
Rs. 675,000/Batch

Sponsor a Diapers (10 Students)
Rs. 36,000/Month
Rs. 432,000/year

Sponsor a School Van
Rs. 01.00 Million

Sponsor 10 Sewing Machines
Rs. 50000

Sponsor 10 Beautician kits
Rs. 200,000

Sponsor a multifunction wheelchair
Rs. 25000

Ways you can Donate

VIA BANK DEPOSIT
National Bank of Pakistan
Zakat Account Details:
National Disability & Development Forum (NDF)
A/c No: **4116888465**
IBAN: **PK22NBPA0230004116888465**
Swift Code: **NBPAPKKA**

Branch Details: **National Bank of Pakistan (NBP), Mohni Bazar Branch, Nawabshah.**

(Kindly share Bank Transaction Slip via whatsapp on 0330 2748658 or via email at ndf.khi@gmail.com)

VIA COURIER

Make your cheques and Draft payable to NDF Pakistan and send it via courier to the NDF address:

NDF Charity Division, Office No. 311, 3rd Floor, B-9/B-1, S. P. Chamber, S. I. T. E, Karachi
Contact: 021-32570065

HOME/OFFICE COLLECTION

Call us at: 021-32570065 and we will come and collect from your destination.

Nawabshah Headoffice:
House No. C-23, Housing Society, Nawabshah District Shaheed Benazir Abad, Sindh.

