



Stress relief and well-being Training for Youth



Stress relief and well-being Training for Teachers



# CWC Peace-building Programs

An Integrative Approach to Sustainable Peace

Concern Organization is a non-profit, organization partner with Many UN agencies like UNICEF and IOM. Founded in 2014 by Women and led by Women, its mission is to empower community through supporting women & children and to build a sustainable and inclusive peace by promoting the development of human values in both the individual and societies on a global scale.

The aim of CWC Peace-building Program is to increase the impact of peace-building and development efforts by effectively transforming mindsets, attitudes, wellbeing and behaviors of individuals and communities engaged in or affected by conflict. Cooperating with other organizations in a holistic approach, CWC aims to strengthen the psycho-social foundation in which other peace and development efforts take root, turning personal transformation into greater peace-building impact.

CWC's proven track record includes efforts to provide rehabilitation of victims as well as perpetrators, re- integration of ex -combatants, youth leadership and women's empowerment training, prevention of radicalization and leadership development initiatives in areas beset by conflict, in Yemen, CWC Peace-building Program focuses on the following program areas:

- (1) Trauma Relief, Resilience and Empowerment.
- (2) Preventing and Transforming Violent Extremism – Mobilizing Youth for Peace.
- (3) Bridging Divided Communities, Dialogue and Reconciliation.
- (4) Training Professional Peace-building and Development Agencies.

Evidence of CWC programs include significant and sustainable reduction in war trauma among beneficiaries who had attending the stress relief and well-being program, significant reduction in, anxiety and depression among survivors

## Three Key Program Areas

### 1. Trauma Relief, Resilience & Empowerment

CWC delivers effective and scalable trauma relief and resilience building, attending to the very clear link between trauma and cyclical conflict as well as the contribution of healing to sustainable peace-building. Providing affordable and accessible trauma- and stress -relief tools to affected populations and small groups alike in complex emergencies, CWC's 8- 12 hour programs produce measurable results, including rapidly and significantly reducing the symptoms of, depression and anxiety, and improving the quality of life for individuals and communities. In addition, rather than foster humanitarian dependency and create long- term resource dilemmas, CWC's trained participants are able to sustain integrative improvements with continued practice and skills application.

### 2. Preventing and Transforming Violent Extremism – Mobilizing Youth for Peace

CWC's responses to violent extremism address gaps in both the analysis and practice of countering violent extremism, broadening a focus on prevention and interdiction to include effective transformation of individuals and groups involved in or affected. Our programs transform attitudes and behaviors, inspire and train participants to use nonviolent means to achieve legitimate needs, and empower them to become effective peace-builders in their own communities. Working inclusively across populations, we offer 5 programs including: (1) Preventing and Countering Violent Extremism for those at risk, in the earlier stages (16 to 22 hours); (2) a Youth Leadership Peace-building Training, or intensive program to empower and mobilize youth as effective, local agents for peace (7 to 10 days). This training program is followed by a tailored three to 12 month period, in which participants engage in ongoing learning and implement local peace-building projects guided by experienced peace workers; (3) Rehabilitation & Reintegration of Ex-Combatants (16 to 22 hours); (4) Healing, Resilience and Empowerment



training for survivors and affected communities (8-12 hours).

### **3. Professional Training: Towards Integrated Peace-building**

Designed by experienced practitioners and peace workers to address a critical component of effective peace-building far too often overlooked, our bespoke training programs provide professional peace-builders and peace-building organizations with the experience and skills to improve and integrate psychosocial skills and self-care into their peace-building work. Spread over 12-22 hours and 3-5 consecutive days, this training consists of 3 components: (1) Providing for Peace-builders: Personal resilience and stress management; (2) Framing & Factors: Overview and in-depth examination of psychosocial frameworks of analysis and factors; (3) Professional Skills Training: Providing tools for analysis, design and delivery of psycho-social interventions to increase sustainability and effectiveness of peace-building outcomes. The integration of a strong personal experiential component with professional skills training makes this a uniquely powerful program.

## Contact and Information

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