



Maria Cecília is happy to have parents who volunteers to help other families to thrive

Distribution of Food Baskets

Love and Faith Spiritist Center - Centro Espírita Amor e Fé
January 02, 2022

FEED 300 FAMILIES IN TUPACIGUARA BRAZIL

BUDGET

- To serve 150 registered families with the delivery of at least 1 basket per month
- To serve 300 families 4 times a year when demand increase is typical

The labor force for the realization of this project is all voluntary, just like the transportation expenses which are paid by the volunteers themselves. All other expenses are managed through the Center's budget.

Composition of the Standard Essential Food Basket

Product	Quantity	Brazilian Real	US Dollar
Rice	2 packs of 5 kilos	40,00	7.54
Pasta	1 pack of 1 kilo	8,00	1.50
Sugar	2 packs of 2 kilos	27,00	5.09
Beans	2 packs of 2 kilos	19,00	3.58
Salt	1 pack of 1 kilo	2,00	0.38
Cassava flour	1 pack of 500 grams	5,00	0.94
Vegetable oil	2 cans of 2 liters	10,00	1.88
Coffee	1 pack of 500 grams	15,00	2.83
Milk	1 liter	2,50	0.47
Tomato paste	1 can of 340 grams	5,00	0.94
Bar soap	2 units	3,50	0.66
Body bar wash	1 unit	1,00	0.18
Toilet paper	1 pack of 4 units	5,00	0.94
Cookies	1 pack of 400 grams	8,00	1.50

Product	Quantity	Brazilian Real	US Dollar
Chocolate powder	1 can of 400 grams	4,00	0.75
Value of 1 basket		155,00	29.24
Value of 150 baskets		23.250,00	4,386.79
Total for 8 months		186.000,00	35,094.32

Composition of the Enriched Essential Food Basket

Product	Quantity	Brazilian Real	US Dollar
Rice	2 packs of 5 kilos	40,00	7.54
Pasta	1 pack of 1 kilo	8,00	1.50
Sugar	2 packs of 2 kilos	27,00	5.09
Beans	2 packs of 2 kilos	19,00	3.58
Salt	1 pack of 1 kilo	2,00	0.38
Cassava flour	1 pack of 500 grams	5,00	0.94
Vegetable oil	2 cans of 2 liters	10,00	1.88
Coffee	1 pack of 500 grams	15,00	2.83
Milk	1 liter	2,50	0.47
Tomato paste	1 can of 340 grams	5,00	0.94
Bar soap	2 units	3,50	0.66
Body bar soap	1 unit	1,00	0.18
Paper towel	1 pack of 4 units	5,00	0.94
Cookie	1 pack of 400 grams	8,00	1.50
Chocolate powder	1 can of 400 grams	4,00	0.75
Sweet	1 kilo	20,00	3.77
Cake	1 kilo	10,00	1.88

Product	Quantity	Brazilian Real	US Dollar
Meat	2 kilos	100,00	18.87
Personal item for children as a toy	2 units	40,00	7.54
Personal item for adults as a bath towel	2 units	40,00	7.54
Value of 1 basket		310,00	58.49
Value of 300 baskets		93.000,00	17,547.16
Total for 4 holidays		372.000,00	70,188.64

Personal items depends on the particularities observed in the profile of each registered family. Those items also varies due to the overwhelming weight of non-financial donations of in-kind goods.

These values reflect the prices quoted in January 2022. The exchange rate was 1 USD = 5.3 BRL.