

## **APARIS COMMUNITY DEVELOPMENT PROGRAM**

### **VOLUNTEER SUPPORT WORK PLAN 2025/ 2026**

#### **Overview:**

Aparis CDP is a grassroots Non Profit Organization based in Aparis Village in Kumi District in Uganda.

The emphasis is on giving support to the target community by improving their quality of life through providing Underprivileged children with Education, Nutrition, Economic Support and Residence for Widows, elderly, disabled persons, construction projects, clean water, (boreholes) and Medication.

#### **Foreword**

In this plan, Aparis CDP aims to make considerable contribution in ensuring that civic competence is enhanced in Kumi district especially through its member organisations (MOs) in delivering quality services, and having a CBO whose ability to its local government.

The CBO is results oriented and focuses at four broad areas

- advocacy
- lobbying,
- networking and
- linkages, information sharing and organizational strengthening

– that will catalyze member organisations working themes such as health, education, community development among others to deliver quality services to the beneficiary community to come out of poverty, bad health and disasters.

I, therefore, urge all stakeholders and interested development actors to support generously the implementation of this plan as we remain looking forward to ‘a well coordinated and strong

Community Based Organisations in Aparis Village in Kumi district’.

1. Charles Olupot Board Chairman /Director
2. Isale Martin Secretary/ Board Member
3. Papa Okello Silver Board Member. Coordinator.

#### **Acknowledgement**

The Director is ready to implement all the planned activities for the work Plan 2025/2026 for Kumi district.

This work Plan is formulated with the mind of building back better as we transit from what, to the country and the world, was a year of extraordinary difficulties as occasioned by the COVID-19 pandemic and subsequently the ushering in of the “new normal”.

The pandemic has not only changed our life of community but has also had an impact on how we do our day to day activities as Charity Organizations.

We hope that this work plan will consolidate the gains so far achieved and enable the Kumi district local government to continue to play its key role in development.

We also thank colleagues in the NGO world, working in Kumi, the existing Development Partners who provide the much-needed resources to enable the implementation of different local government programmes.

Aparis CDP promises to / will offer unwavering support to ensure that all the key change promises as outlined in this work plan will be implemented.

The work plan is anchored on a robust theory of change with citizens at the centre. At Aparis CDP, we believe that the CBO Blueprint will have to be characterized by three things;

- a) Organizational worth,
- b) Determination to achieve excellence and,
- c) Commitment to the duty of service to citizens.

During the lifespan of this work plan, we shall endeavour to support the Kumi district local government in appreciating its blueprint.

Aparis CDP works with a solution-focused approach premised on an analysis of “The future the citizens of Uganda want”.

In executing this new plan for Aparis Village in Kumi district local government, we shall continue with this solution-focused approach while applying a tridimensional approach.

**There are three (3) key dimensions that Aparis CDP will have to address:**

- a) Citizen-focused approach** – where we shall work to be relevant to citizen’s aspirations and struggles;
- b) Be collective-focused** – where we shall work to build stronger membership and constituency capacity as well as strengthen the ‘collective’ rather than the ‘individual’ organization; and
- c) Cost-conscious** – where we shall pay particular attention to the costs of our work, through developing innovative and sustainable financing models including local philanthropy and international fundraising as well as mechanisms that allow for true cost recovery.

## **Introduction**

### **Activity Description**

#### **Integrate Community Agriculture as a Nutrition Activity.**

The Activity goal is to enhance the resilience of vulnerable households in Aparis Village, Kumi District.

Aparis CDP will work with International Volunteers to maximize economic opportunities for vulnerable households, stabilize their access to Educational opportunities and pays particular attention to gender, social inclusion, and youth/adolescents, and incorporates a strong social and behaviour change (SBC) component.

#### **The Activity emphasizes three key strategic themes:**

##### **1. Resilience**

Households have no control over shocks and crises, but can monitor the likelihood,

Timing, and severity of the shocks and plan accordingly. Aparis CDP will focus on strengthening community and to support vulnerable households, moving the community groups along a Pathway to Self-Reliance.

##### **2. Partnerships.**

The Activity adds value to locals in Aparis Village to achieve more-sustainable results.

Aparis CDP will use schools as an entry point to reach parents of adolescents and youth, including those not in schools, often working with both the private and public sectors and building on existing initiatives.

##### **3. Collaboration, Learning and Adapting (CLA).**

Aparis CDP incorporates Collaboration, Learning and Adapting principles by identifying, testing, and replicating the most effective methodologies for building the capacity of community groups, public- and private-sector service providers, and local government stakeholders.

Aparis CDP activities will continuously inform cost-effective scale-up for the projects and provide an evidence base for resilience programming. This programming will include reflecting on lessons learned during the process of implementation and in planning and performance review meetings.

Aparis CDP's phased implementation approach also enables learning before scaling specific interventions.

#### **4. Activity Theory of Change**

Aparis CDP say is “If vulnerable Ugandans increase their economic opportunities and diversify their livelihoods, adopt practices to improve their nutritional status, and participate in inclusive effective governance processes, then they will achieve sustainable gains in their ability to respond to and recover from shocks and stresses.”

The following narrative describes Aparis CDPs hypothesis of change, or how outcomes are anticipated to occur, including the role of other interventions and the assumptions that underlie the pathways

Aparis CDP defines resilience as the ability of people, households, communities, and systems (social, economic, ecological) to mitigate, adapt to, and recover from shocks and stresses in a manner that reduces chronic vulnerability and facilitates inclusive growth.

To build resilience capacities, Aparis CDP will build on lessons learned and structures established in FY2025/26

- Build capacity of district and community health resource.
- Focus on enhancing resilience capacities that impact the number of vulnerable children’s receiving support.
- Increase access to water for rural shelters. Many households have no access to clean water sources. or Access to water for irrigation of vegetable gardens during the drier periods of the year is and Increasing access to water has important gender implications given that women and children are responsible for water collection.
- Food and hunger problem in the slums and shelters.
- Layer health interventions—especially health services—that anticipate, plan for, and monitor shocks that may arise. For example, flood's, communities faced a larger dangers.

Aparis CDP is keen to helping communities anticipate and prepare for such shocks like future disaster, foods, and landslides in Aparis Village, Kumi District.

#### **Purpose:**

#### **Strengthen Effective and Inclusive Governance Processes**

Aparis CDP will strengthen resilience capacities that build social capital; enable communities to demand for and obtain quality and timely services from government; enable local leaders to mobilize community members for common action in schooling, gender and facilitate better participation in planning and monitoring of community and government programs.

Aparis CDP will work closely with district leadership to initiate activities aimed at strengthening local governance community structures such as

- School Management Committees (SMC),
- Parish Development Committees (PDC),
- District Disaster Management Committees (DDMC) and their ability to respond to shocks.

Aparis CDP will work with the four District Local Government to operationalize disaster management committees at district and sub-county, village levels and enlist cultural leaders to help define and monitor shocks and the effects of stresses.

Aparis CDP to facilitate community dialogue meetings to improve school retention rates and support inclusive planning and budgeting exercises to increase community participation in decision-making processes.

District Community Development Officers (DCDO) and local implementing partners (IPs) supported community governance structures such as SMCs, cultural groups, school children, and out-of-school adolescents to articulate their skilling needs through community led dialogue meetings.

**Aparis CDP will disseminate through radio programming, community dialogues, and group-level engagements to yield the following lessons:**

In FY25/26, Aparis CDP will continue to roll out the social change and prioritize efforts that build self-reliance and recognizing proof of change, and becoming inspired to continue to commit to change that builds resilience

### **Objectives and Project**

- Effective community planning
- Capacity to manage risks, early warning systems for disaster's to be strengthened.
- Enhance prevention of HIV AIDS, malaria, other epidemics' among the most vulnerable population.
- Community access to financial resources and sources.
- Leadership in development to be supported,
- Local solutions to leadership problems,
- citizens active participation in to development,
- decision making process,
- access to, utilisation of information,
- Citizens driven accountability.
- Adoption of good health reproductive behaviours and practices, child wellbeing, nutrition outcomes
- Girl's education empowerment.
- Increase youth economic opportunities, employable skills and opportunities.
- Strengthen agricultural productivity and livelihoods
- Improve connection to markets
- Improve mental health and feeding practices
- Increase use of safe water, sanitation facilities, hygiene practices, and production.
- Strengthen inclusive participation in decision making at household, community, local government level.
- Improve coordination's and linkages in setting priorities, mobilizing resources and planning executive activities.

## **Type of help**

Gardening  
Building/ Construction  
General Maintenance  
Farm stay, and Charity work  
Art project  
Help with Computers / internet  
Teaching English, Games and sports

We are looking for volunteers from abroad who can help in the above mentioned programs volunteers that are patient, flexible, friendly, and outgoing. It is a bonus to have knowledge in community work, organic farming, and sustainable farming, education, or health. Ready to learn and adapt to our culture and have empathy.

## **Different Background, Interests, and Set of Skills.**

The organization is currently implementing projects are about economic empowerment of children, youth and women, sustainable farming, health including HIV/AIDS prevention, and education in the Pallisa area; so every volunteer is sure to have something to do that they like. We design volunteering programs so that they are all customized according to our needs and the volunteer's preferences.

Volunteers are welcome for any period of time, whether on the short or long term. Volunteering programs will be made accordingly so that you can reach your objectives and ensure that you can contribute to the best of your capacity.

## **Given our current programs, we are particularly interested in volunteers who want to work in:**

### **1. Sustainable Agriculture.**

Help the organisation to set up standard agriculture demonstration sites. The organization has demonstration sites that are used during training.

These are used to train about and promote small-scale irrigation farming, organic farming, and agro-forestry.

On the demonstration site, we are looking to setting up small-scale irrigation, gardens, and compost. Your ideas to improve our site are more than welcome. We are also looking for volunteers to promote and educate about organic farming and agro-forestry among the women and youth groups on the field.

### **2. Education.**

Since we do have a school (Hammerslag), the volunteer will help the organisation in supporting the poor children, of which many are orphans. You can join the people from the organisation and contribute to the sports and community projects for children. Activities with the children include playing sports like football, school gardening, and spending time with the vulnerable children in primary and nursery schools. We often set up new activities like poetry day or music events. Most importantly, you can also give your own ideas about what kind of activities would be enjoyable for the children.

The organisation will support and help you to make your ideas come true and help vulnerable people.

### **3. Health.**

Take part in our activities around behaviour change communication, HIV/AIDS prevention, or nutrition education.

We are always looking for people who can teach to the communities or work in partnership with health facilities.

A medical background is not required; however, we are actively looking for volunteers with some expertise in the field, including nurses.

### **4. Management.**

Help us designing and implementing our projects. You can assist the programs manager at the office for a variety of tasks, from reporting, to making work plans, to helping with the coordination of a project.

### **5. Other specialised interest.**

If you have any expertise or skills in a field of for example building, arts, management, agriculture, health or childcare you are more than welcome to realize your ideas and support the communities we work with.

We believe that every volunteer comes with new ideas and can provide a great input for our organization. Do not hesitate to make suggestions.

### **6. Special Long term volunteers needed.**

The organisation is looking for volunteers from any part of the world to volunteer in management for a period of two to three years.

Experience in management is an added advantage while a couple is preferred. You will enjoy as you work and stay with us.

Come and become Ugandan

**Here are skills you learn when volunteering with Aparis CDP that will help you get your first job and be successful in that position:-**

Timeliness, Ability to work with a variety of managers, Time-Management, Leadership, Communication skills when talking to people of all ages, Professionalism, Teamwork, Ability to work with people different from you, Work Ethic, Customer Service, Confidence, Public relations, Teachability, Organization, Following Instructions, Flexibility, Problem-Solving, Planning, Creativity, Training

**Stay period: one day, a few days, one month or more is acceptable.**

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