



### What is Mindful Medicine Worldwide?

Mindful Medicine Worldwide is a non-profit organization that offers Chinese Medicine services to people living in fragile circumstances every day of the year.

#### Examples of what volunteers are treating:

- An elderly woman made immobile by a stroke
- A child who has cerebral palsy
- A young woman going through labor



Currently we are placing Oriental Medicine Practitioners, select massage therapists, and in the future, Naturopaths.

### What can a MMW Volunteer expect to do on a service trip?

Volunteers spend 2-5 months treating patients in developing areas such as Nepal. They will:

- Treat patients in a clinic 5 days per week
- Train local staff in massage techniques and anatomy
- Teach local interpreters Chinese Medicine via an apprenticeship model
- Supervise clinical activities

Experiences for Continuing Education and Integration within the community:

- Meet and listen to Buddhist Master Teachers
- Learn local forms of alternative medicine
- Continued education with experienced practitioners like Bob Flaws, Honora Wolfe, and Stephen Browne.

### What kind of support will be provided?

- Volunteers are set up in an established clinic
- All supplies are provided
- Interpreter/apprentice to assist you
- Support staff (including Tibetan medicine doctors, homeopaths and Ayurvedic doctors)
- Housing and some meals

#### Professional Requirements

- (a) Professional level degree in relevant field
- (b) Completion of all licensing board exams
- (c) Practical experience is considered an important asset
- (d) Desire to treat patients in a fast paced high volume clinic

Visit [www.mindfulmedicineworldwide.org](http://www.mindfulmedicineworldwide.org) for more information on the volunteer application process

*"I have had the privilege of providing more than 500 treatments to some of the kindest, most inspiring people I've ever met. I am so grateful to have been able to offer them something, however small, in return for all of the insight and spirit they have given me."* -Volunteer, Kelsey Coy



### What's the next step after volunteering?

#### Become a MMW Ambassador

Help fundraise, give talks at schools, or donate your particular skills to the future growth of MMW

#### Become a MMW Project Coordinator

Travel back to your host country to take on more responsibilities in the field, set up workshops for local trainees, and investigate new sites for MMW.

#### General Requirements

- (a) Interest and commitment to exploring mindful practices
- (b) Availability of at least 2 months
- (c) Ability to live in developing countries
- (d) History of travel or work in developing countries beneficial
- (e) Flexibility and Adaptability

