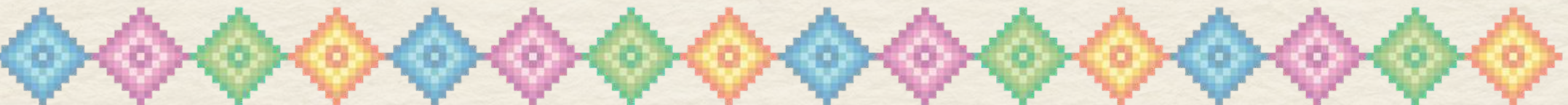


Annual report

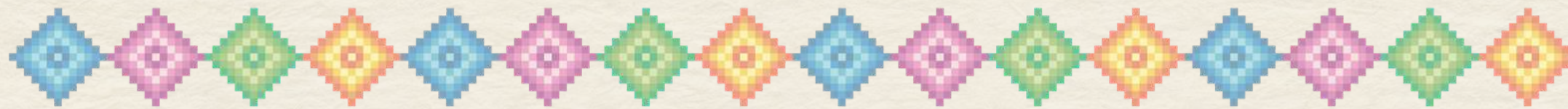






2021





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Yaqu'el ta na' el te te sbahbeyal c'op

Welcoming message



Dear Ixim Community

To work for and towards others, you have to believe. You have to love. Believe that personal and social changes can be achieved with the conviction that everyone can give something of themselves for the good of others. And in doing so, we all have our hearts enlarged: both the giver and the receiver. You love each other. With an enlarged heart, as reflection of my great admiration and enormous recognition to the entire IXIM team, to the Tselal communities that we accompany in Chiapas and to our donors, volunteers and allies, I want to share with you, with great pride, our 2021 annual report



Beyond the significant achievements that communities have had in the face of the immense challenges they face -and as if that was not enough, the difficult situation that COVID 19 added-, this report is the result of a true collective effort of all of us who have the great fortune to build, contribute, promote processes of well-being and development, and to be witnesses in this path of the Tselal communities to develop alternatives of dignified life from their own values.

In 2021, we worked the implementation of our family accompaniment program, follow-up of anemia and malnutrition, and distance learning. In addition, another significant achievement was that most families already have four basic ecotechnologies such as orchards, wood-saving stoves, drinking water filters and rainwater harvesting systems.

2021 was a difficult year for all of humanity, undoubtedly. However, IXIM concludes this year with a lot of work with the communities, institutional strengthening and systematization of programs and activities. We are now entering a new stage - very exciting and challenging-, in which our focus will be on the promotion and strengthening of production units that will lead communities to the possibility of transitioning to a solidarity and sustainable economy.

Undoubtedly, the best fruits we reaped this year are, in the voice of the women, the testimonies about their personal growth and the improvement of the health of their families. These voices are invaluable teachings that reverberate in the soul.

Ixim is a very fortunate set of talent, dedication and professionalism, physical work, workshops, curiosity and innovation, accompaniment, hours and hours a day of dirt roads, smiles and constant renewal; but, above all, a huge opportunity to learn and grow. To believe and to love, because although IXIM accompanies, the communities share their wisdom and above all teach us that the way forward is to "taste life, in harmony and with one heart."

Thank you for believing in us and loving others.

Verena Grimm

Verena Grimm
President of the Administrative Council of IXIM

Yaqu'el ta na' el te te sbahbeyal c'op

Welcoming message

Dear friends of the IXIM family,

I am pleased to present this report, this summary of all that we have achieved during 2021 thanks to your trust, support and generosity. It has undoubtedly been a difficult time for everyone, however, walking with one heart, looking on a path that seeks to improve the living conditions of each member of the Tselal families we accompany, has allowed us to work with dedication, effort and hope.

Remember that all this work is well grounded, since all -counselors, administrative team, operational, volunteers, social services, donor friends, allied institutions and Tselal families that form the groups of the 6 communities- have come together to find the path that allows us to taste life, which in Tselal terms is called Buhts'an Qu'inal and that it is nothing more than seeking harmony and well-being with oneself, with others, with nature and the environment, and with transcendence. Therefore, every effort, every step makes us happy, moves us to continue betting next to this Tselal people who have accepted us with so much affection. Each section in this report carries a grain of effort, affection and hope from each one of you and from all the families we accompany.

Thank you for so much generosity and affection for all of us.

Fraternally

Paco Meneses, Executive Director.



Bin ya stij jol co'tantic

Our reason for being



¿Bin ay ta jol co'tantic? What do we believe in?

Each community owns its own development, so we are only a point of support to generate opportunities together with the communities and that they advance towards **self-management**. We adopt the principles of the social and solidarity **economy** as a basis for solving inequalities in society. We trust in the Tseltales people and their values, we learn from their wisdom, their culture and their relationship with the environment, because although these communities are in a situation of poverty, they have an enormous cultural and environmental wealth.

We are moved by the Tseltal concept of **Buhts'an Qu'inal** – self-respect and harmony with people, nature and transcendence – and from there we articulate our model of accompaniment.



¿Bin ut'il ya jpastic? How do we do it?)

We adapt the training of external allies to the local culture and **accompany and integrate all the processes** of our 4 work axes: Physical, Social, Environmental and Economic well-being

¿Bin ya jpastic? what do we do?

Since 1996 we have accompanied Tseltal indigenous communities from the Tseltal, Ch'ol and Selva Lacandona region of the state of Chiapas, so that they can build **alternatives for a dignified life in harmony with their values**.

¿Banti ya jpastic? Where do we do it?



We accompany 6 communities in the Selva area of Chiapas state

La Fortuna
El Capulín

Pinabetal
Guaquitepec

San Jerónimo
San Pedro



Type something

Scanantayel slecubel baqu'etalil

Physical well-being

Scanantayel slecubel baqu'etalil



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¿Bin ya jts'untic? What do we sow?

Physical well-being

- We monitored the health of 199 children and teenager through **3 weeks of follow-up to anemia and malnutrition throughout the year.**
- We continue with **distance learning** -through podcasts, infographics and learning activities- on **subjects of hygiene and good nutrition**, reaching 98 women and 221 children and teenager.
- We distribute grains and seeds to 98 families, for the production of Chilim (food supplement prepared by IXIM, which counteracts malnutrition).
- We managed to get the Ibero Puebla Nutrition Clinic to certify the nutritional table of Chilim.
- We detonate a process of reflection at the level of health and economy, on the family consumption of junk food, aimed at reducing the consumption of this and better managing family resources.
- We **maintained the 16 water treatment filters installed** 2 years ago, in Capulin and La Fortuna, establishing as a commitment that the next spare parts will be purchased by the families.

¿Bin sit a'tel ya jtsobtic?

What do we harvest?

We found that children of these communities who consume filtered water, suffer diarrhea 25% less per year than those who do not consume filtered water.



"I had never been able to count how much we spend a year on sodas and junk food. Now that I think of it, we could save that money."

Rosa Alvarez, Pinabetal





 **Soriana**
Fundación

Este fogón tipo Peltzer
fue construido gracias al apoyo
de la Fundación Soriana
en alianza con UNAM A.C.



Sc'oblal scanantayel sjoylejal bahlumilal

Environmental well-being

Sc'oblal scanantayel sjoylejal bahlumilal



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Environmental well-being

¿Bin ya jts'untic? What do we sow?

- As part of the ecotechnologies program for common home caring, we completed the installation of 16 Patsari wood-saving stoves and started with the installation of 8 rainwater harvesting systems in houses of Capulin and La Fortuna.
- We distributed the necessary materials for the rainwater harvesting systems that will be installed throughout 2022.
- We strengthened the capacities of families to grow backyard vegetables, with agronomic workshops on pest control without agrochemicals and symbiotic crop associations

¿Bin sit a'tel ya jtsobtic? What do we harvest?



Not only do my eyes burn less when cooking, now I feel safer when my little girl walks in the kitchen because the fire is no longer exposed, she can no longer get burned.

Maria Gonzalez, Guaquitepec



Families with a rainwater harvesting system can cover their total water needs without effort. On the contrary, 51% of those who do not have it, carry water during some seasons of the year.



type something

**Slehel slamalil qu'inal
yu'un swinquilel lum**

Social well-being

Slehel slamalil qu'inal yu'un swinquilel lum



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Social well-being

¿Bin ya jts'untic? What do we sow?

- We accompany the training of 221 children and the young people in hygiene and health, environmental care and healthy interpersonal relationships, within the framework of the Distance Learning Program for Life - Childhoods.
- We guided youth groups to draw up their regulations and conduct work sessions with children in their communities.
- We coordinated the youth groups to conduct 6 community forums on the issues they considered most relevant to address in their environment; in them they talked with adults in their communities about alcoholism, environmental care and personal hygiene.
- Through the alliance with Radio Ach' Lequil C'op of Bachajón, we broadcast the podcasts of the Distance Learning for Life Program and managed to reach 80,000 listeners in the region

¿Bin sit a'tel ya jtsobtic? What do we harvest?



The young people developed skills for the management of new technologies, organized and helped children exercise their creativity, fine motor skills and build learning.



NI had never participated in such an event. I think it is very important that there are spaces where young people can get involved and give their word. Plus we all learn. Teresa Pérez, Guaquitepec (about the community

*Teresa Pérez, Guaquitepec
(sobre el foro comunitario organizado por las y los jóvenes)*



What do they tell you



[testimony of teenagers about the training program](#)

A woman with a joyful expression, wearing a white lace top and a striped skirt, holds a stack of five plates. The background is a textured, light-colored wall. The entire image has a warm, sepia-toned overlay.

Sna'el ya'beyel stuc te bin ay ma'yuc

Economic well-being

Sna'el ya'beyel stuc te bin ay ma'yuc



Economic well-being ixim a.c.

¿Bin ya jts'untic? What do we sow?

- We organized 4 social economy workshops, taught by Ibero Puebla University, so that the groups could recognize their natural and cultural environment, gender roles and the principles of the social and solidarity economy as part of their ventures.
- The enterprise En.Concreto gave training for the production of decorative articles in cement to Pinabetal group and Capulin group had its first approach with the honey production workshops, which colleagues from the Amextra Foundation will teach.
- Social service providers developed market studies, product prototypes, business models and logo proposals that the groups will take up to boost their ventures.
- Bakeries shared profits and weighed what actions can strengthen their entrepreneurship.
- We won the pro-bono consultancy of 3M-Pyxera Global in which they supported us to calculate the production costs to better study the market for decorative items for the home.
- We promoted the first savings group with the San Jerónimo T'uliha' group, the women elected their administrative committee and set saving goals for next year.

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¿Bin sit a'tel ya jtsobtic? What do we harvest?



We are excited because we know that in addition to working as a group, we are learning something and we are going to generate economic income for our families. It is also a good thing for our children because they may join the work.

Antonia Demeza, San Jerónimo T'uliha'

Three-year evaluation

¿Cómo estabas antes de trabajar con IXIM?

Hacia más esfuerzo cuando no había ecotecnologías en mi hogar
Tenía pocas relaciones sociales
No tenía prácticas de buena alimentación
Había pocas fuentes de ingreso
Tenía miedo
No hablaba en público
Los niñ@s se enfermaban mucho
De temas que no sabía nada
Desconocía muchos temas
Sentía vergüenza
No tenía prácticas de buena higiene
No participaba en un grupo de trabajo



98 women participated and the bigger the phrase appears, it means that more of them mentioned it.

In December the groups remembered the work done since February 2019 to the date to learn how all the programs that had been implemented so far, had impacted on their lives.

12

¿Qué cambios ves ahora que trabajas con IXIM?

Mi autoestima mejoró
Mi pareja me apoya
Nuestros hábitos de alimentación mejoraron
Nuestros hábitos de higiene mejoraron
Participo más
Me siento más segura Soy más independiente
Mi hogar mejoró gracias a las ecotecnologías
Nuestros gastos se redujeron
Las relaciones interpersonales del grupo mejoraron
Tengo nuevos conocimientos
Tengo más seguridad en mí misma
La familia se enferma menos
Hacemos menos esfuerzo gracias a las ecotecnologías
Hay nuevos ingresos económicos en el hogar





Dic 2021

Yipintesel te schaplejal jwohc'tic

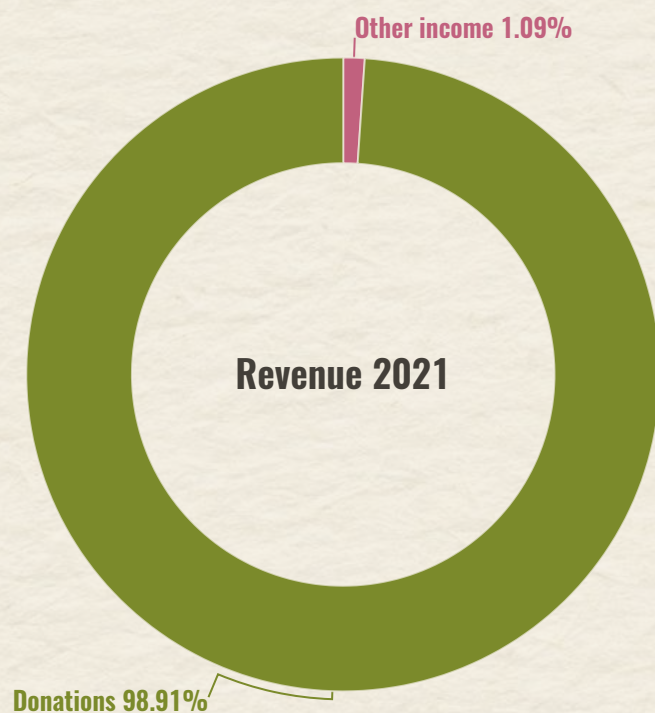


Institutional strengthening

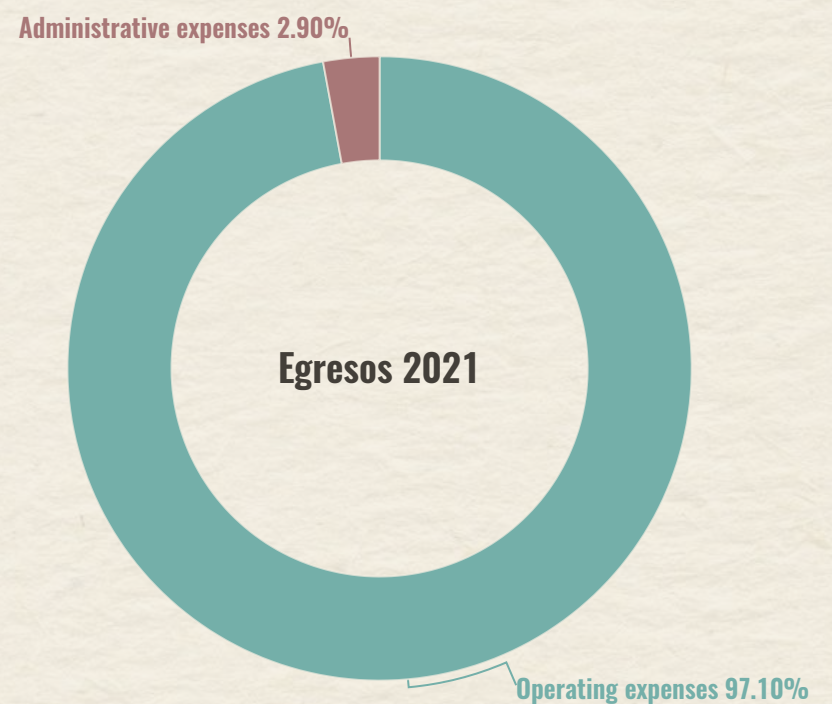
-  We participated in the Fundraising course taught by "Specialized Advice - Social Responsibility and Human Development" to update ourselves on resource mobilization strategies
-  We took the course "Evaluation and analysis of social impact with a resilience approach", taught by Fundación Merced México and the United Nations Development Program.

Shunal banti ya xchicnaj bin ut'il ay te taqu'in

Financial Report



Concepto	Monto
Donations	\$ 4,702,317
Other income	\$ 51,762



Concepto	Monto
Operating expenses	\$ 4,644,718
Administrative expenses	\$ 138,752

Te jaywohc' mach'a ya scoltayotic ta stahel te binti jnopojtic



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Institutional allies





Hocolawalic

Thank you



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