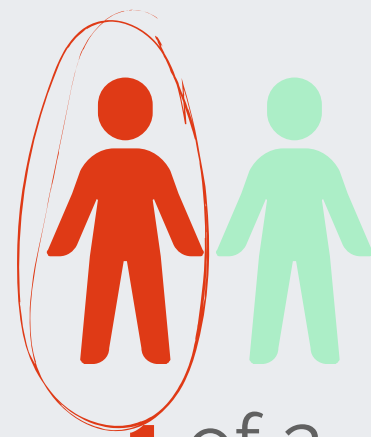




Listen, that calms the storms of anxiety



1 of 2

young people between 15 and 29 are suffering from some mental disorder (PAHO)

The growing wave of anxiety is suffocating youth, triggering cases of addictions, disorders, and suicides.

We know that human listening stops disorders, addictions, and suicides

For this, emotional support **telephone lines** were founded: To **provide calm and stop** massive escalations of suicides



But only **10.6%** of their users are under 29 years old

When was the last time you saw a young person talking on the phone?

Are we not adapting to what young people need?

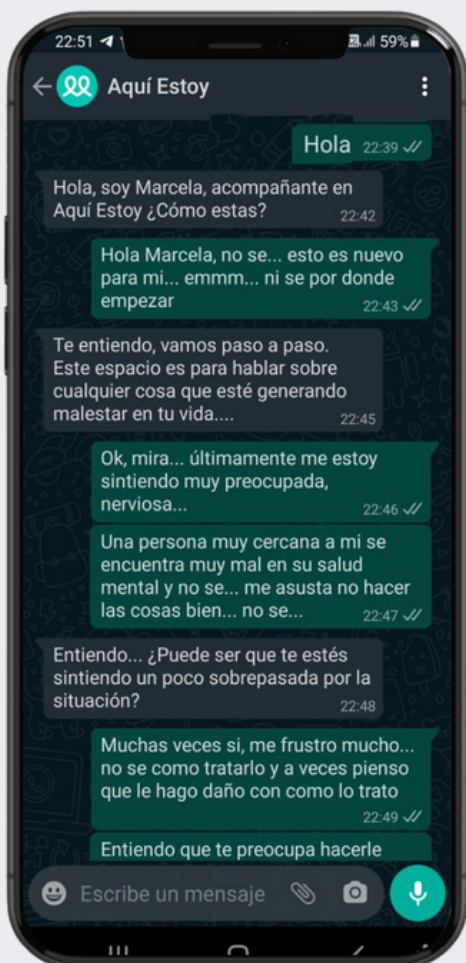
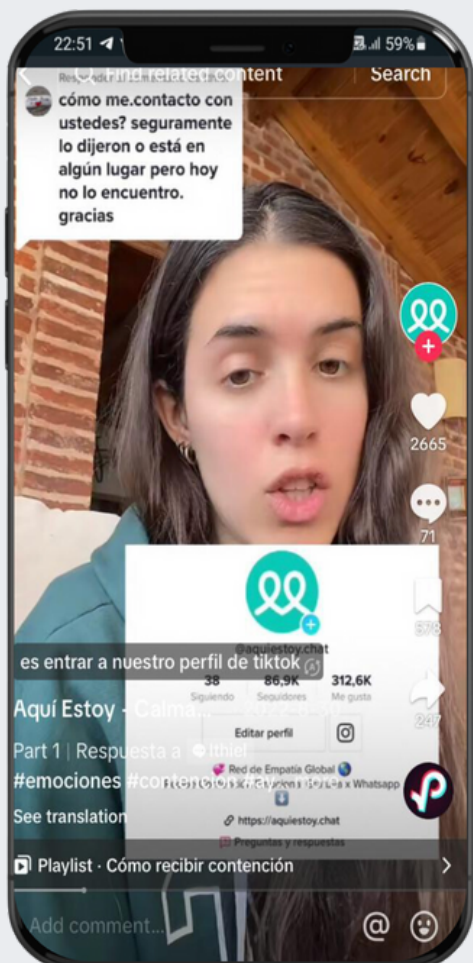
Today's youth chat on WhatsApp

Can the attention of young people be captured by advertising through traditional media?

Today's youth spend **the whole day watching TikTok**

That's why in 2020 we launched **Aquí Estoy Chat**

Viral **videos on TikTok** (+1M views) to reach young people and direct human support through **WhatsApp chat** to stop escalations of anxiety



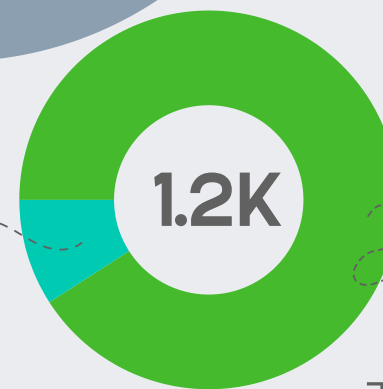
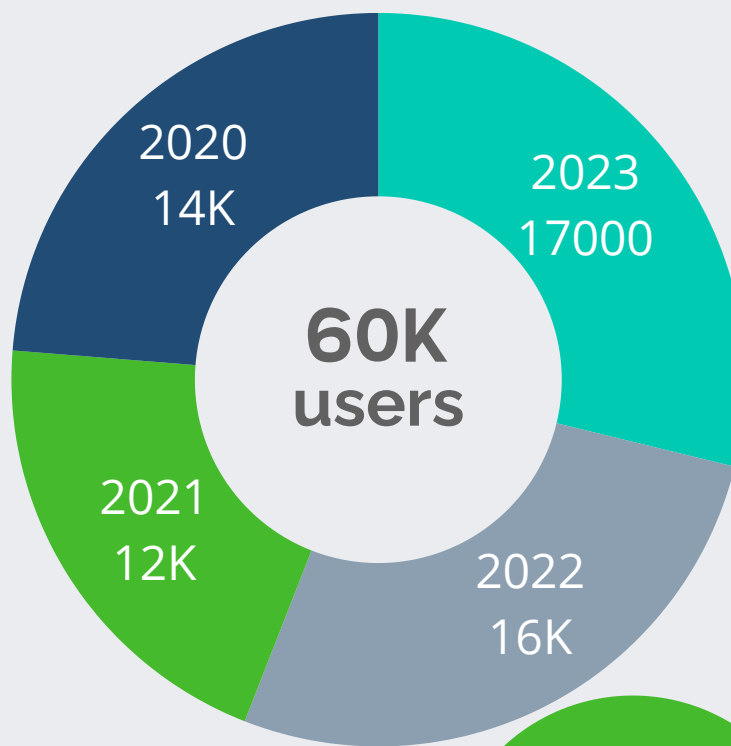
Testimonies ✨

ANONYMOUS SURVEY [aquietoy.chat](#)

I contacted you when I was having suicidal thoughts, at the end of the conversation I felt better, being heard and reassured. I know I have a long road ahead, but now I feel like giving a fight back. Thank you!

ANONYMOUS SURVEY [aquietoy.chat](#)

Thank you again! you are the crutches I need when I'm feeling weak.

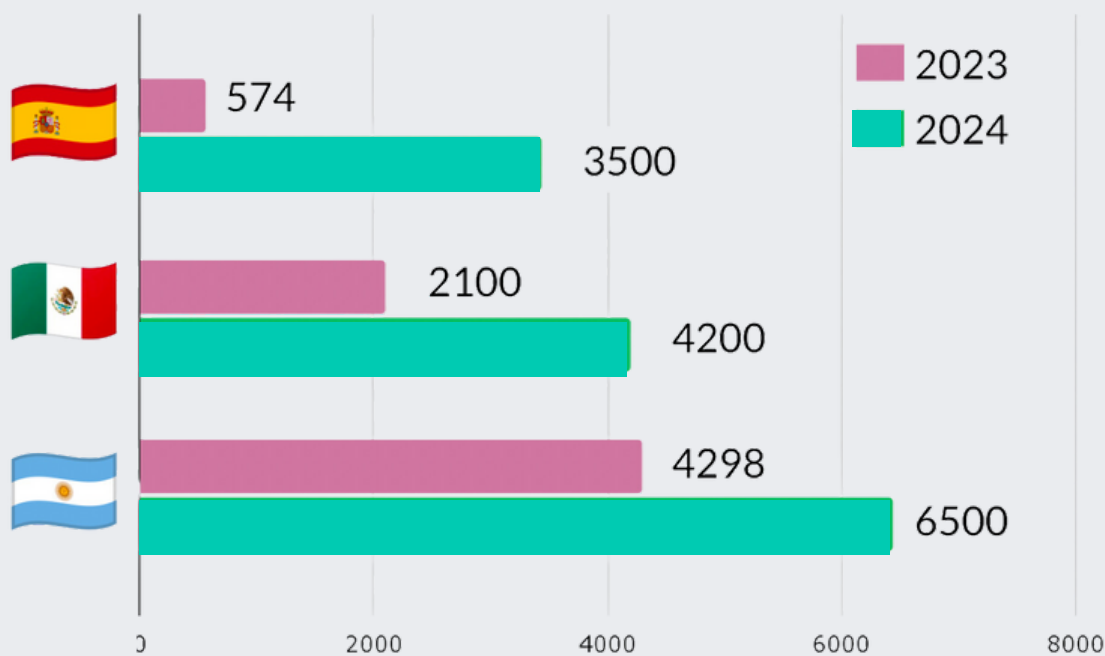


120 active as companions

Trained volunteers

2024 GOALS 🚀

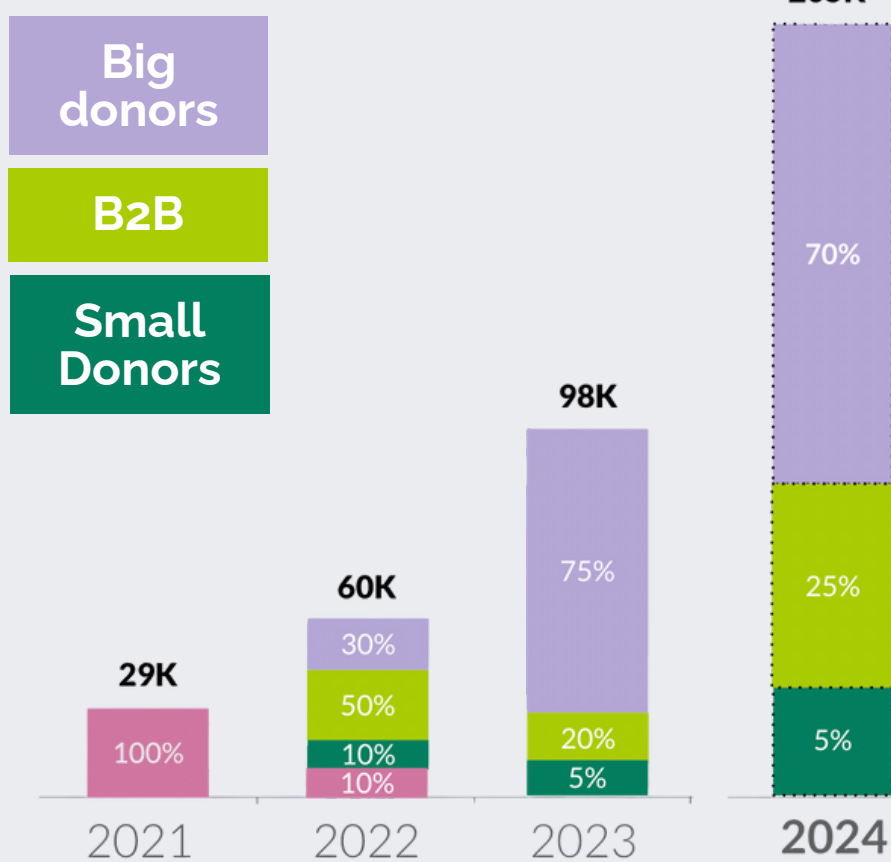
- In **2024** we will focus on **Argentina, Spain, and Mexico** to accompany more than **14 million young people**



- Train more than **500 volunteers** and have **150 companions** from **Spain, Mexico, and Argentina**

- To reach **205K** in fundraising

¿Cómo?



Our allies 🙌



B2B Services

Sponsorship of conversations



Corporate Volunteering



Awareness Campaign



Listen, that calms the storms of anxiety