

EPILEPSY ASSESSMENT AND MANAGEMENT COURSE

PROJECT SUBMITTED TO:

GLOBAL GIVING

SUBMITTED BY:

Epilepsy Warriors Foundation (EWF)



EPILEPSY
WARRIORS FOUNDATION

Name of Organization Responsible for the Project	Epilepsy Warriors Foundation (EWF)
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Name of Contact Person for the Project	Samuel Chigamba
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Phone Numbers	+265 999 486 566/+265 888 486 566
Project Duration	6 Weeks (April to June 2026)
Amount Requested	\$4,656.35
Location of Project	Blantyre & Mzimba Districts
Project Tittle	Epilepsy Assessment and Management Course 7.0
Theme	Strengthening epilepsy care in low and middle income countries
Objective of the Action	To train medical practitioners and student nurses to improve seizure management skills, better medication selection and monitoring, managing complex epilepsy cases
Project Participants	Medical Practitioners/ nurses in training
Final Project Beneficiaries	Persons with Epilepsy, parents of persons with epilepsy and their careers
What to expect;	<p>At the end of the course, participants should expect: Expert-led sessions from 22+ global specialists, including exciting speakers from the International League Against Epilepsy (ILAE) – Pharmacy Section, International Bureau for Epilepsy (IBE), Hesperian Health Guides and other expert speakers from across the world</p> <ul style="list-style-type: none"> • Practical, real-world epilepsy management skills and applicable tools to low resourced countries • Special focus topics on the pharmacology of anti-seizure medications & Dravet Syndrome

	<ul style="list-style-type: none"> • Certificate of attendance • Access to session recordings • Global networking with clinicians worldwide
Main Activities	<ul style="list-style-type: none"> ▪ Recruitment of Project Participants ▪ Preparatory Meeting ▪ Orientation sessions on the use of zoom during training ▪ Orientation sessions on the use of system l.o ▪ Eight Week Virtual trainings

DESCRIPTION OF THE APPLICANT

Epilepsy Warriors Foundation (EWF) is a patient centered organization of persons with Disabilities (OPD)/ NGO with its secretariat in Blantyre. EWF was established to address the most urgent and pressing needs of individuals with epilepsy. Currently the organization is run by people with and without Epilepsy in all its governance structures.

LEGAL STATUS

EWF is registered under the Trustees Incorporation Act as a charitable non-governmental organization, Ref no TR/INC 8678, the Non-governmental organizations regulatory authority (NGORA), registration no. NGO/L/24/017 and the Council for non-governmental organizations in Malawi (CONGOMA) Registration no CI533/2021.

CHARACTERISTICS AND NATURE OF THE ORGANIZATION

Year of Establishment: 2018

Year of Registration: 2019

Identity & Nature: Organization of Persons with Disabilities (OPD)/Local
Non-Governmental Organization.

Governing Body: Board of directors/ Trustees led by a Board Chairman.

VISION & MISSION

VISION

For people with epilepsy to receive proper health care, support, public respect, understanding and co-exist in harmony with all other people.

MISSION

To promote Human Rights, Epilepsy Awareness, and Inclusive Societies.

THE OBJECTIVES FOR WHICH EWF WAS ESTABLISHED ARE GENERALLY: -

- Enhance quality of life of people with Epilepsy.
- Form and maintain effective relationships with different stakeholders, both national and international, through partnerships, affiliation, collaboration, communication and offering technical advice.
- Improve community understanding and response to epilepsy.
- Provide epilepsy related guidance, education, and support services.
- Undertake or promote research into understanding epilepsy models of care.

INTRODUCTION

Epilepsy is a chronic non-communicable disease of the brain. It is characterized by recurrent seizures which are brief episodes of involuntary movement that may involve part of the brain (partial) or the entire body (generalized) and are sometimes accompanied by loss of consciousness and control or bowel and bladder function (WHO).

Currently, Malawi has 400,000 people with epilepsy. Globally fifty (50) million people have epilepsy; nearly 80% live in Low Middle-Income countries (LMIC). It is estimated that up to 70% of people with epilepsy could live seizure free if they were properly diagnosed and treated (WHO, 2023).

PROJECT BACKGROUND

Epilepsy Assessment and Management Course (EAMC) is an international virtual course offered by Pretola Global Health and Consulting Limited based in the United Kingdom. The EAMC is

being coordinated by Epilepsy Warriors Foundation in Malawi with support from the Ministry of Health. The aim behind the EAMC is to raise the standards in epilepsy care and management.

In 2022, a total of 30 clinicians were recruited from 30 Districts across Malawi and attended the EAMC. Nearly 500 participants attended the course from 54 low- and middle-income countries across the world.

In 2023 a total of 40 clinicians were recruited in Malawi and attended the course (EAMC 4.0) again with support from Epilepsy Warriors Foundation which supported with registration of participants from Malawi and internet bundles.

In 2024 a total of 43 clinicians from the country were recruited and attended the epilepsy assessment and management course 5.0. For the first time Epilepsy Warriors Foundation coordinated an EAMC Centre in Blantyre at Blantyre District Health Office with support from the Blantyre Health Office while 33 participants attended the course virtually.

The EAMC trainings are delivered by weekly (Saturdays only and consists of 6 sessions delivered from January, February and ended in March in 2022 and 2023 while in 2024 the courses run from February to April, in 2025 the course will run from January to April while in 2026 it will run from April to June.

About Pretola Global Health and Consulting

Pretola offers a range of training courses that can be tailored to meet staff and operational context. Its primary purpose is to bridge the awareness and treatment gap of epilepsy, learning disability and autism in the United Kingdom and Globally

PROBLEM STATEMENT

Although effective anti-epileptic drugs are available to treat epilepsy, as many as 90% of those living in Low- and Middle-Income countries (LMIC's) do not receive the current standard of care. Thus, studies in LMIC's report a large treatment gap defined as those not receiving treatment or those receiving inadequate treatment for epilepsy.

There is scarcity of specialty services for neurology in Africa, with Sub Saharan Africa having the lowest density of neurologists worldwide. As a result, many people with epilepsy are managed by psychiatrists and general health care providers, some of whom have never had formal or up to date epilepsy training.

EXPECTED CHANGE AFTER PROJECT IMPLEMENTATION

1. Lead to effective seizure control for people with epilepsy
2. Improved treatment seeking behavior among persons with epilepsy
3. Improved anti-seizure medication adherence
4. **PROJECT ACTIVITIES**

In 2026 Epilepsy Warriors Foundation will host 2 Epilepsy Assessment & Management Course Centers, centre 1 which will be in Blantyre will host 19 medical while centre 2 will host 50 participants all whom are student nurses at Ekwendeni College of Health Sciences in the northern part of Malawi.

The training will be delivered by weekly and will consist of 6 sessions from April to June 2026, participants will access the training via zoom. Participants will have access to recordings of sessions and will receive a certificate of attendance upon completion.

1. Recruitment of Epilepsy Assessment and Management Course participants.

Nineteen (19) participants will be recruited for the course with the support of the Ministry of Health. Participants will come from health facilities around Blantyre Urban, semi-urban and rural and will attend the training sessions from the District Health Office while 50 participants will come from Ekwendeni College of Health Sciences,

Preparatory Meeting

To hold one preparatory meeting in early April of 2026 where participants will be briefed on course requirements.

2. Orientation meetings on the use of zoom app and system I.o during the EAMC.

EAMC participants will be briefed on the use of zoom and system I.o during the EAMC and more orientation meetings will be conducted depending on the need. Orientation sessions on the use of zoom will be specifically for participants attending the course elsewhere and not from the EAMC Centre.

4. Virtual Trainings

Virtual training will be conducted for a period of six weeks starting in April and ending in June of 2026; training sessions will be conducted during the weekend on Saturdays. EWF in collaboration with Ekwendeni College of Health Sciences and Blantyre District Health Office,) will set up EAMC centers.

EWF training manager will coordinate the training sessions in collaboration with lecturers who will also coordinate the course at their respective schools and EWF will work as a link between participants and Pretoria throughout the training sessions by facilitating communication between participants and Pretoria and during the sessions will be responsible for the beaming of the training.

Participants attending the training sessions from the EAMC Centre at Blantyre District health office will receive a transport refund after each training session, lunch and refreshments will also be provided during the training sessions.

EPILEPSY ASSESSMENT AND MANAGEMENT COURSE 7.0

Completed by:

Finance and Administration Officer -Thandiwe Mkandawire

Version/date: 02th February 2026

Currency:

Malawi Kwacha

Line ref	Description of budget item	No. Times	No. of Units/Qnty	Unit Cost(MKW)	Total(MKW)	Notes
	EKWENDENI HEALTH SCIENCES CENTER					
	Communication	3	1	6000	18,000	Communication cost for 3 months @ k6,000 totalling to k18,000
	Internet-TNM/Airtel (All 6 session)	6	1	12000	72,000	Internet for ekwendeni center for 6 sessions @ k12,000 will cost k72,000
	Lunch for students (All 6 sessions)	6	60	10000	3,600,000	Lunch for 50 students @ k10,000 for 6 sessions will cost k3,600,000
	TOTAL				3,690,000	
	BLANTYRE DISTRICT HEALTH OFFICE CENTRE					
	Internet-TNM/Airtel (All 6 session)	6	1	12,000	72,000	Internet for Blantyre District Health Office for 6 sessions @ k12,000 will cost k72,000
	Lunch for 16 Nurses,2 DHO Assistants and 1 coordinator(All 6 sessions)	6	19	8,000	912,000	Lunch for 19 participants @k8,000 will cost k912,000
	Refreshments	6	19	4,000	456,000	Refreshments for 19 participants @k4,000 will cost k456,000
	Transport Refund for 16 nurses , 2 DHO Assistants and 1 coordinator	6	19	15,000	1,710,000	Transport refund for 19 participants @K15,000 each will cost k1,710,000.
	Car Hiring	6	1	80,000	480,000	Car hiring per session will cost k80,000 totalling to k480,000
	Fuel for Back up Genset	6	20	4,965	595,800	Fuel for back up genset for 20litres @ k4,965 for 6 sessions will cost k595,800
	TOTAL				4,225,800	
				GRAND TOTAL	7,915,800	

