

# Second Harvest is on a mission

to grow an innovative, efficient food recovery network that reduces the environmental impact of food waste and redistributes surplus food to those in need.



No waste. No hunger.



Filling plates, *not* landfills.

By rescuing food, Second Harvest is:



**Feeding people** experiencing hunger in communities across Canada, including families, youth and seniors.



**Creating an efficient food supply chain** by optimizing the resources that go into producing and distributing food.



**Keeping surplus food out of landfills** and reducing harmful greenhouse gases, a leading source of human-caused climate change.

Every year Canadians throw away enough good food to feed over 22 million people.

**11.2 million tonnes**

Avoidable food waste - that means wasted food that was edible.

**58%**

Food produced for Canadians that is wasted.

**124.5 billion lbs**

of greenhouse gases created annually from wasted food - the same as 17.3 million cars.

**\$1=3 Meals**

That's all it takes to provide three meals to people who need them.

We rescue and redistribute enough food to provide an average of 205,000 meals to Canadians **every day**.

*Here's how  
you can help.*



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## Donate Food

By donating surplus food from your business, you can help create social and environmental well-being. And that's good for your community, your customers and your business too.

[Learn more](#)

2

## Fundraisers

Our fundraisers are a great way to get involved and give back. Attend an event, bid for something special at one of our auctions or enter our Hero Sweepstakes.

[Learn more](#)

3

## Donate Funds

Your financial support helps us make sure food reaches the most vulnerable members of our communities across Canada.

[Learn more](#)

4

## Volunteer

Volunteer your time, talent and experience to make a difference by supporting Second Harvest's food rescue efforts.

[Learn more](#)