



Trauma Therapy and Parenting Support for War Zone Children and Families

Project Summary

Timeline: November 2024 – November 2025

Location: War Zone Areas of the Middle East

Overview: Our project aims to address the profound impact of war and conflict on children and families, particularly refugees, by providing essential training and therapy services. We recognize the urgent need to support caregivers and parents in understanding and responding effectively to the traumatic experiences of children who have witnessed or experienced war-related violence and displacement.

Components:

I. Training of Refugee Caregivers on Trauma Therapy (250 caregivers):

Objective: Equip caregivers with the knowledge and skills necessary to provide trauma-informed care for children affected by war.

Content: Understanding trauma-produced losses in children, effective intervention principles, holistic ministry, and prerequisites for holistic interventions.

II. Training of Refugee Parents on Parenting in War Zones (100 parents):

Objective: Empower parents with strategies to support and nurture traumatized children, promoting resilience and healing.

Content: Identifying children's trauma and losses, understanding PTSD, analyzing children's perspectives on trauma, and implementing flexible models of care and parenting.

III. Trauma Therapy for War Zone Children (50 children):

Objective: Provide direct therapeutic support to children affected by war, helping them process their experiences and build emotional resilience.

Approach: Tailored trauma therapy sessions conducted by trained professionals, emphasizing healing and closure.

Rationale: War and conflict have devastating effects on children, leaving them vulnerable to physical, emotional, and psychological harm. As casualties of war continue to rise, it is imperative to prioritize the well-being of these young survivors. By equipping caregivers and parents with trauma-informed practices and providing direct therapy to affected children, we aim to mitigate the long-term impact of trauma and support the resilience and recovery of war zone communities.

Impact: Empowering caregivers and parents to provide nurturing and supportive environments for traumatized children.

Enhancing the emotional well-being and resilience of war zone children through targeted trauma therapy interventions.

Strengthening community resilience and promoting healing in the aftermath of war and displacement.

Conclusion: Through our comprehensive approach to trauma therapy and parenting support, we aspire to contribute to the holistic well-being of war zone children and families, fostering a future marked by healing, resilience, and hope.

Budget (in US \$):

- Facilitators, therapists, and project coordinator: \$5,000
- Educational resources, handouts, and training materials for participants: \$2,000
- Travel expenses for trainers to training venues: \$2,000
- Refreshments for trainees during breaks: \$1500
- Venue rental fees: \$2,000
- Marketing and recruitment efforts: \$500
- Photography and videography services: \$1500

Total: \$14,500

<https://www.notguiltyinc.org/>