



# SOPHIA

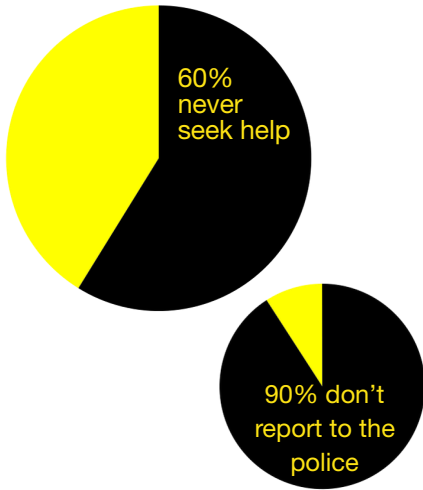
The AI Ally for people affected by  
domestic violence  
Anonymous. 24/7. Untraceable.

When violence hides behind closed doors, who can you turn to?

Meet Sophia: the AI-powered chatbot that gives survivors of domestic abuse a safe, anonymous, and judgment-free space to speak, gather evidence, and take the first step toward an abuse-free live. Wherever they are, whenever they need it.

**Spring ACT**  
Action • Compassion • Technology

A Swiss-based global non-profit organisation connecting human rights and technology to empower people to take action and end global social injustices: [www.springact.org](http://www.springact.org)



## Urgent and Necessary

The threat is greatest where you should be the safest: within your own four walls. Worldwide one in three women and many children and men are affected by domestic violence in their lifetime. Every eleven minutes a woman is killed by her partner or family member. The shadow number is however yet to be uncovered as the number of unreported cases is much higher. Many do not seek help or do not know where to find it. Those who are affected urgently need a safe and discreet way to get help.

Domestic abuse is not just a crisis of safety. It's a crisis of access. Survivors are silenced by fear, shame, and isolation.

## Our Approach: Anonymous, 24-hour digital help

### HOW IT WORKS:

**As easy as chatting with a friend:** As easy as writing to a friend, you can simply message Sophia via WhatsApp (+41 79 79 29 000) or enter [www.sophia.chat](http://www.sophia.chat) in your browser and start chatting anonymously. Sophia provides information about your rights and options and helps to secure potential evidence.

**Automated Response:** Sophia's answers use AI and she therefore available around the clock. Thanks to our motivated translators, Sophia can consistently and quickly learn new languages (such as Ukrainian in 2021) in a short space of time.

**Global:** Regardless of location, survivors are given access to a personal and secure "Digital Safe" (i.e. Swiss server space). This makes it possible to upload potential evidence of abuse (e.g. photos, documents, etc.) to the Digital Safe and thus safely secure it away from the cell phone.

**Local:** In cooperation with domestic violence organisations and with competent legal advisors, Sophia is adapted to local laws and directs those affected to the right local support services



### "G.A.L.":

**G**ather potential evidence.

**A**ssess your rights and options.

**L**earn about the signs of abuse.


# The Potential of Sophia

By guiding people affected by domestic violence to the relevant services, Sophia centralises and optimises the help and support system for those who need it most, thus facilitating the work of often understaffed and underfunded support services. Sophia is an anonymous multilingual chatbot, available 24/7 and accessible from any device with internet access. The threshold to reaching out is greatly reduced, making it easier for survivors to take the first step in seeking help.

## Impact since our Launch in December 2021

- 50,000+ people from 182 countries chatted with Sophia.
- Expansion of Sophia's services into 96 languages.
- Official endorsement by UN Women and the Swiss Red Cross
- Partnerships with Microsoft, L'Oréal, Google, Swiss Foreign Ministry, EPFL, and more.
- Awards for innovation (selection):
  - United Nations' AI for Good Impact Award (2025)
  - MIT Semifinalist (2022)
  - Swiss Future & Youth Prize by the President of Switzerland (2022)
  - Social Innovation Prize from the European Investment Bank (2023)
  - European Innovation Prize (2023)
  - Prize for Innovation in Global Security from the Geneva Centre for Global Security 2022
- Extensive global media coverage (58 articles in 15 countries) reaching survivors on 4 continents.
- 250+ volunteers from 101 countries contributed over 60,000 hours.
- Founder Rhiana Spring was named "Europe's best impact entrepreneur"



 Schweizerische Eidgenossenschaft  
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Confederaziun svizra

Federal Department of Foreign Affairs FDFA



**L'ORÉAL**  
FUND FOR WOMEN

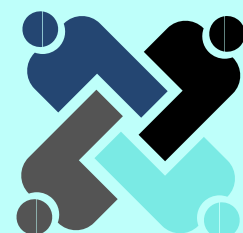


## What we need

In order to make Sophia as widely available as possible, we need support on a professional, technical and financial level.

### We want to achieve this through:

1. Development of cross-industry partnerships.
2. Financial support from institutions and the private sector.
3. Further expansion of our memberships.



# Anonymous. 24/7. Without a digital trace.



TWINT or Bank Transfer:

Spring ACT, BEKB

IBAN: CH85 0079 0016 6024 28014