



Impact of Clean Birth Kits in Rural Mali

Savings Lives... One Kit at a time!

Hope-ful News: December 2024

Let's Act now!

Safe birth is a basic right for mothers and newborns. Clean birth is essential and should be promoted alongside skilled attendance and strong referral systems for emergency care.



Dear Friends,

I hope this message finds you well. I want to take a moment to express my heartfelt gratitude for your generous contributions that have made a significant impact in the lives of women in rural Mali.

Thanks to your donations of clean birth kits, countless women now carry these kits with pride as they prepare for delivery. This has not only empowered them but has also given them a renewed sense of self-worth. The confidence that comes from being equipped to welcome their babies into a clean environment is truly invaluable.

Your support has ensured that these women feel prepared and at ease during one of the most important moments of their lives. The love and compassion you have shown are making a real difference, and I can never thank you enough for your continued dedication to this cause.

Together, we are saving lives and fostering a sense of hope and empowerment in these communities. Thank you for being a crucial part of this journey.

Warm regards,

Mimi Diallo

Founder/ President



Mali, like several countries in sub-Saharan Africa, faces significant challenges related to maternal and infant health. The high maternal and infant mortality rates in Mali are influenced by various interconnected factors such as:

- Limited Access to Healthcare
- Inadequate Medical Infrastructure
- Lack of Skilled Birth Attendants
- Gender Inequality
- Traditional Birth Practices: 5. Poor Sanitation and Hygiene
- Infection Risk: 6. Lack of Emergency Obstetric Care
- Poverty
- Conflict and Displacement

The Challenge in Rural Mali

In rural parts of Mali, maternal and newborn mortality rates are alarmingly high. Limited access to healthcare facilities, trained birth attendants, and essential medical supplies leave many women at risk during childbirth. In these remote areas, women often give birth in unsanitary conditions, which increases the chances of infection, complications, and even death.

The Power of Clean Birth Kits

With your support, we've been able to provide clean birth kits to thousands of women in these underserved communities. Each kit contains essential items for safe childbirth, including sterile gloves, a clean delivery mat, soap, a razor blade for umbilical cord cutting, and a clean cord clamp. These simple but life-saving supplies are transforming maternal health outcomes in rural Mali.

Real Stories of Impact

Here's a story of one of the many mothers whose life was changed:

Koudeidja's Story: Koudeidja, a 28-year-old mother from Bougouni, a remote village in southern Mali, had given birth to three children in less-than-ideal conditions. Her previous experiences left her terrified about complications, as she had no access to a clean, safe environment during childbirth. But with the help of a clean birth kit, Koudeidja was able to deliver her fourth child in a much safer, more hygienic environment with the assistance of a community health worker.

"The kit made me feel safe and prepared," Koudeidja shares. "I was able to give birth with clean supplies, and I didn't worry about infections. It was the first time I felt truly supported."

Koudeidja's experience reflects the life-changing impact of the clean birth kits, which not only ensure the safety of mothers but also improve the chances of a healthy start for their newborns.



The Impact of Your Support

In the last quarter of 2024, here's what we've accomplished together:

- **50 Birth Kits Distributed:** Saving more than 100 babies and mothers in rural Mali, providing them with the tools they need for a safe delivery.
- **Increase in the number of women prenatal checkups:** In areas where clean birth kits have been distributed, not only have we seen a significant drop in maternal and newborn infections, but it has encouraged more women to go to health centers for prenatal visits.
- **Local Health Workers Trained:** We've also trained local midwives and birth attendants on how to properly use the clean birth kits, ensuring long-term sustainability and safe births in these communities.

Looking Ahead: Expanding Our Reach

Thanks to your support, we are making a significant difference, but the work is far from done. Many more women in rural Mali still lack access to the essential tools they need for safe childbirth. We are committed to expanding our reach and providing these life-saving kits to even more women in need.

In 2024, we have:

- Distributed 215 Kits
- Trained 38 Community health workers
- Saved 500 Lives

How You Can Help

- **Spread the Word:** Share the story of the clean birth kits with your network to raise awareness.
- **Continue Your Support:** Your donation helps ensure that these kits can continue to be delivered to those who need them the most.



Closing Remarks

Every life saved and every birth made safer is a testament to the power of your support. Together, we are transforming maternal health in rural Mali and giving mothers like Mariama the chance to bring their children into the world in a safe and clean environment.

We are deeply grateful for your generosity and dedication to this cause. Thank you for helping us make a lasting impact.

Warm regards,

The Team- Hope Health & Care

Hope Health & Care

mimodiallo@hopehealthandcare.org

www.hopehealthandcare.org

