

Empower Future Initiative

Project Title: Protect & Empower HIV+ Women and Children in Nigeria

1. Project Overview

Empower Future Initiative (EFI) supports 1,000 vulnerable women, children, and adolescents living with HIV in underserved Nigerian communities. Many have lost parents to AIDS, experience trauma, stigma, and treatment interruptions. EFI bridges gaps in government HIV services by providing counselling, ART adherence monitoring, emergency medical care, adolescent life skills education, and home-based palliative care, ensuring beneficiaries grow healthy, empowered, and resilient.

2. The Challenge

- Adolescents face treatment fatigue, stigma, and lack adolescent-focused services.
- Many children have lost one or both parents, leading to trauma and depression.
- Government hospitals provide limited palliative care or psychosocial support.
- School dropout, unsafe sexual behavior, and early marriage risk remain high.

3. Our Solution

- Psychosocial support: Individual and group counselling, peer clubs, and trauma recovery sessions.
- ART adherence & medical support: Treatment monitoring, emergency funds, drug regimen upgrades, and transport assistance.
- Adolescent life skills & prevention education: Sexuality education, safe relationships, HIV awareness, mentorship, and leadership.
- Palliative & halfway care services: Home-based care for guardians and temporary halfway-house support for children.
- Focus on adolescent girls: Safe spaces, mentorship, protection from gender-based violence, and empowerment programs.

4. Expected Outcomes (12–24 Months)

- 1,000 beneficiaries enrolled in the program.
- 85% ART adherence among adolescents.
- 90% school retention for HIV-affected children.
- Reduced viral rebound and treatment interruptions.
- 70% increase in HIV prevention knowledge among participants.
- Strengthened resilience in 300 HIV-affected households.

5. Funding Need & Budget Overview

Total Goal: \$180,000

- \$25 – One month of nutritional support for a child.
- \$50 – Trauma counselling for one adolescent.
- \$100 – ART adherence & transport support.
- \$250 – Life-skills training for 10 youths.
- \$500 – Emergency medical intervention support.
- \$1,000 – Full-year support for one HIV-positive adolescent.

6. Long-Term Impact

EFI's program will improve treatment adherence, reduce stigma, prevent new infections, support school retention, and equip adolescent girls with skills for safe adulthood. This generation will grow into healthy, resilient, and empowered youth, advocating for HIV awareness and building sustainable communities in Nigeria.