



## Feed & Strengthen 50 Cancer Patients Monthly

### Project Overview

The Sunflower Wellness Program provides monthly food and wellness support to cancer patients in The Bahamas. This program ensures that individuals undergoing treatment have access to nutritious food and light physical activity to support their strength, recovery, and overall well-being.

Each month, 50 cancer patients receive fresh fruits and vegetables, non-perishable food items, and a hot cooked soup. Participants also engage in 30 minutes of guided exercise designed to support mobility, circulation, and emotional well-being during treatment.

Cancer patients in The Bahamas often experience financial hardship during treatment, limiting their ability to consistently access nutritious food. Many are unable to work while facing ongoing medical expenses, creating difficult decisions between treatment and basic needs like food. Without proper nutrition and support, patients are at increased risk of weakened health, delayed recovery, and reduced quality of life.

The Sunflower Wellness Program addresses this gap by providing consistent access to food and wellness support. By combining pantry assistance with guided movement sessions, the program supports both the physical and emotional needs of patients.

This integrated approach helps patients:

- Maintain strength during treatment
- Reduce financial strain
- Improve overall well-being
- Stay connected to a supportive community

### Program Reach

- 50 cancer patients served monthly
- Families and caregivers indirectly supported
- Open access to additional community members for wellness participation

### Funding Need

To sustain and strengthen this program, we are seeking **\$2,500 per month**, which will allow us to:

- Fully support 50 patients consistently
- Maintain quality food distribution
- Provide ongoing wellness sessions
- Expand reach as demand grows



## Budget (Monthly)

Item	Cost
Fresh fruits & vegetables	\$800
Non-perishable food items	\$600
Hot meal preparation (soup)	\$300
Wellness sessions (facilitator, setup)	\$400
Program coordination & logistics	\$300
Transportation & distribution support	\$100
<b>Total Monthly Cost</b>	<b>\$2,500</b>

## Impact

Each month, this program ensures that 50 cancer patients:

- Receive consistent access to nutritious food
- Improve their ability to tolerate treatment
- Experience reduced financial stress
- Maintain dignity and quality of life

Over time, this program contributes to improved health outcomes, reduced complications related to poor nutrition, and a stronger support system for patients and their families.

## Sustainability

This program is supported through a combination of:

- Individual donors
- Monthly giving initiatives (Hope Sustainers)
- Corporate partnerships
- Community support

GlobalGiving will serve as a key platform to expand donor reach and sustain ongoing impact.