

THE INNER SUPERHERO JOURNEY

Helping children discover their story doesn't have to define their future



THE CHALLENGE

Many children grow up facing poverty, violence, family instability, and emotional trauma. Behind anger or silence are stories that have rarely been heard. **Without emotional support and safe environments, these experiences often lead to repeated cycles of poverty, violence, and exclusion.**



A DIFERENT PATH



Through the EAE Program (Escucha – Aprende – Evolucionar), children find a safe space where they can express their emotions, feel heard and understood, and discover their inner strengths. **The journey begins with a simple but powerful message: “Your story does not define who you can become.”**

THE JOURNEY

Listen: Stories and audiobooks help children recognize and name their emotions. **Learn:** Through art, play, and dialogue they develop self-awareness, empathy, confidence, and social skills. **Evolve:** Breathing and mindfulness practices help them face challenges with greater calm and awareness



THE TRANSFORMATION



Throughout the journey, children begin to regulate their emotions, resolve conflicts without violence, build healthier relationships, and imagine a different future. **When a child heals within, the impact extends to their family, their school, and their community.**

THE ALLIES

No hero makes the journey alone. The program is supported by illustrated learning materials, audiobooks and video stories, art, play and movement, contemplative practices, and trained educators and community leaders.

Together, they create spaces where children can grow with safety, dignity, and hope.



THE ROLE OF THE DONOR



Every donation opens a new possibility. Your support helps more children access emotional tools that strengthen their resilience and expand their opportunities in life. **Because when a child's story changes, the future of an entire community can change too.**

2025 Impact:

8,773 children and youth reached • 387 Superhero Guides trained • 100+ partner institutions
• 21 volunteers engaged • 4 strategic partners