

# Project Proposal

## Emergency Food Packages for Upper Chitral

Submitted by: Alkhidmat Foundation  
Upper Chitral

Submitted to: Alkhidmat Foundation  
North Region

July 17, 2026

Respected Br. Dr. Hafeez Ur Rahman  
President

Alkhidmat Foundation Pakistan

Assalam-o-Alaikum,

Subject: Request for 1,000 Food Packages for Distribution in Upper Chitral

This proposal is submitted by Alkhidmat Foundation Upper Chitral to formally request the allocation and dispatch of **1,000 standardized Ramadan Packages** from the central reserves of Alkhidmat Foundation Pakistan for distribution during the holy month of Ramadan in the poverty-stricken areas of Upper Chitral.

Upper Chitral is a remote and mountainous district where a significant proportion of the population lives below the poverty line. During the month of Ramadan, many deserving families struggle to arrange basic food items for Sehri and Iftar. The situation is further aggravated by limited livelihood opportunities and high transportation costs in the remote valleys.

The proposed distribution will cover the most vulnerable families in the areas of **Mastuj, Torkhow, and Mulkhow**, utilizing the established and verified network of Alkhidmat Foundation Upper Chitral.

We respectfully request your kind approval and timely dispatch of the ready-made Ramadan Packages so that distribution can be completed before or during the early days of Ramadan.

I hope you will find this request worthy of your kind consideration and support.

With kind regards,

Abdur Rafi  
President  
Alkhidmat Foundation Upper Chitral

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| Project Proposal         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                  |                   |     |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-------------------|-----|
| Project Name             | Ramadan Packages Distribution Program in Upper Chitral                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                  |                   |     |
| Location                 | Country                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Pakistan         | Province          | KPK |
| President                | Abdur Rafi                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                  |                   |     |
| Contact Details          | +92 3438338086                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                  |                   |     |
| Distribution Timeline    | During Ramadan                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                  |                   |     |
| Target Distribution Date | July 20, 2026                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Project End Date | November 15, 2026 |     |
| Implementing Agency      | Alkhidmat Foundation Upper Chitral is the local chapter responsible for all humanitarian and development work in the Upper Chitral district. We have a robust, verified network for identifying the most deserving families in remote valleys and efficiently executing distribution drives.                                                                                                                                                                                                                                                                                                                                                                                                                              |                  |                   |     |
| Project Sector           | Seasonal Relief / Community Service                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                  |                   |     |
| Background               | <p>Upper Chitral is a remote mountainous region where a large number of families face food insecurity due to poverty, unemployment, and geographic isolation. During the holy month of Ramadan, these families are unable to meet their basic dietary needs for Sehri and Iftar.</p> <p>The targeted areas—<b>Mastuj, Torkhow, and Mulkhow</b>—are among the most deprived and inaccessible regions of the district. A local needs assessment indicates that <b>1000 families (approximately 7,500 individuals)</b> require immediate food assistance during Ramadan. Provision of standardized Ramadan Packages from the central office will ensure quality, dignity, and timely relief to the deserving households.</p> |                  |                   |     |
| Objectives and Rationale | <ul style="list-style-type: none"><li>• To distribute <b>1000 standardized Ramadan Packages</b> provided by Alkhidmat Foundation Pakistan to vulnerable families in Upper Chitral.</li><li>• To provide food assistance to deserving families during the holy month of Ramadan.</li><li>• To ease the financial burden of poor households and enable them to observe Ramadan with dignity.</li></ul>                                                                                                                                                                                                                                                                                                                      |                  |                   |     |
| Methodology              | <p>The distribution process, upon receipt of the packages, will follow these steps:</p> <ul style="list-style-type: none"><li>• <b>Logistics and Transportation:</b> AKFP Upper Chitral will arrange transportation from the nearest main logistics point to Upper Chitral.</li><li>• <b>Verification:</b> AKFP Upper Chitral will utilize existing data and local volunteer networks to confirm the final list of 300 deserving families, ensuring 100 families are designated in each area (Mastuj, Torkhow, Mulkhow).</li></ul>                                                                                                                                                                                        |                  |                   |     |

|                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                  | <ul style="list-style-type: none"> <li>• Distribution Event: AKFP Upper Chitral will organize controlled distribution points in each of the three locations to hand over the packages to the verified beneficiaries.</li> <li>• Visibility: AKFP Upper Chitral will ensure appropriate visibility of the Alkhidmat Foundation Pakistan Head Office role in the provision of the aid.</li> <li>• Documentation: AKFP Upper Chitral will capture high-quality photographs and maintain proper records of package distribution.</li> </ul> |
| <b>Project Impact</b>            | <p>The provision of the 1000 ready-made Ramadan Packages will:</p> <ul style="list-style-type: none"> <li>• Directly benefit <b>1000 families (approximately 3,500 individuals)</b> during the holy month of Ramadan.</li> <li>• Reduce food insecurity among the most vulnerable households.</li> <li>• Enable deserving families to observe Ramadan with dignity and peace of mind.</li> </ul>                                                                                                                                        |
| <b>Community Participation</b>   | <p>Community Participation is very important for successful completion of any project. Local dignitaries will be engaged throughout the project from scrutinizing the deserving to the distribution.</p>                                                                                                                                                                                                                                                                                                                                |
| <b>Monitoring and Evaluation</b> | <p>AKFP Upper Chitral will be responsible for overall project implementation. This whole process will be documented, supervised and executed by President Alkhidmat Foundation Upper Chitral. Each activity of the project will be monitored closely to ensure efficiency and transparency. After thorough Monitoring and Evaluation, Project status will be communicated to Alkhidmat Foundation Pakistan as per decided Reporting schedule.</p>                                                                                       |

| Project Summary                                |                                                                         |
|------------------------------------------------|-------------------------------------------------------------------------|
| <b>Project Title</b>                           | Ramadan Packages Distribution Program in Upper Chitral                  |
| <b>Objective</b>                               | To distribute 500 Ramadan Packages across Mastuj, Torkhow, and Mulkhow. |
| <b>Total Packages requested</b>                | <b>1000</b>                                                             |
| <b>Project Duration</b>                        | 01 Month                                                                |
| <b>Funding Agency</b>                          | Alkhidmat Foundation Pakistan                                           |
| <b>Implementing Agency</b>                     | Alkhidmat Foundation Upper Chitral                                      |
| <b>Focal Person at the Implementing Agency</b> | Alamgir Khan, General Secretary<br><b>Mobile No:</b> +343 8338086       |

